

# Munul Sun

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VOL. 22, NO. 47

#### SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 15, 2015

MAY SUNRISE/SUNSET:

**15** 6:42 • 8:08

**16** 6:41 • 8:08

**17** 6:41 • 8:09

**18** 6:40 • 8:09

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# Captiva Island Yacht Club Junior Sailing Camp Returns



Junior Sailing Camp members operating their vessels at the Captiva Island Yacht Club

he Captiva Island Yacht Club will use Optimist Prams, Sunfish and Lasers, International Class sailboats, in their upcoming Junior Sailing Camps for kids 8 to 15 of all experience levels this summer. Membership in the yacht club is not necessary for participation.

Session 1 will be held from Monday, June 15 to Friday, June 26 while Session 2 will take place from Monday, July 13 to Friday, July 24. Camp will be held at the CIYC, located next to 'Tween Waters Inn on Captiva Drive.

"CÎYC will use the U.S. Sailing Association's curriculum at our Junior Sailing Camp," said lead instructor Marshall Long. "In a few short weeks, campers can graduate from learning on Optimist Prams to sailing Olympic racing class Lasers."

Beginning sailors will learn to rig and sail their own Optimist Prams, singlehanded sailing dinghies approved by the International Sailing Federation for young-sters. The original Pram was designed in 1947 by Clark Mills of Clearwater, Florida, a member of the Optimist Clubs of America. Mills designed a small, stable and responsive boat that could – back then – be constructed for \$50. This low cost opened opportunities in the sport to many children.



Young sailors demonstrate their skills on the

At the recent London Olympics, 80 percent of competing skippers learned to sail on Optimist Prams.

Once campers master the basics of sailing, they can graduate to Lasers. These competitive racing boats – sturdy, simple to rig and sail single-handed – are very fast. The 13-foot Lasers became an Olympic class in 1996 and are raced all over the world.

It is important for young people to learn how to harness the power of the wind and experience the joy of controlling a sailboat. It's a sport they can enjoy all through their

For additional information or enrollment forms, contact Lauren Davies at 472-9627 or Accounting@CaptivalYC.net. Enrollment is limited.

#### **BIG ARTS Awards** Scholarships To Local Students

IG ARTS to offers scholarship awards to seven area students to encourage their further artistic development. Presented each spring, the BIG ARTS Scholarship Award Program supports students who have professional goals to pursue visual arts, music, dance, theater, literary arts or film. The Scholarship Award Program is supported by proceeds from BIG ARTS events throughout the year, and by the generosity of Patricia and Davis Thurber and Deborah and John La Gorce.

In order to be eligible for an award, students must be a high school senior planning to study the arts or a college student currently enrolled in an accredited undergraduate arts program, and be a current resident of Lee County or currently employed (or have a parent employed) on Sanibel or Captiva for at least the past two years. Winners are vetted by a scholarship committee through a robust application process that includes a student essay, references, transcripts, and an interview, as well as examples of their work.

"We had fewer applicants this year, but the cream has clearly risen to the top," said committee chair Ran Niehoff. "The level of talent and passion was high across the spectrum, and it was truly a blessing to become acquainted with these future 'stars of the arts.' The entire committee felt privileged to participate in what one of our members described as 'the single-most rewarding activity of our life on the islands'-namely, to gather to review the applications and to interview this group of bright, energetic and talented young people.

This year's awards, totaling \$14,500, will be given to:

- Valerie Hernandez, Illustration, Ringling College of Art and Design
  Isabella LeVan, Music Therapy, Florida State University

- Chloe Lewis, Painting, Maryland Institute College of Art
  Martina Long, Musical Theater, Florida Southern College

#### Sea Turtle Sand Sculpture



This sea turtle sand sculpture was created by Fabio Morescachi, from Minnesota, on the beach just east of the Sanibel Holiday Inn

continued on page 6



#### Jack Sparks Fishing For Crabs



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat, Santiva, to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane on Captiva and open during library hours. This week's image is Jack Sparks leaning over the side of his boat. That is a crab net strewn onto the dock on the other side of the photo archives of the Captiva Island Historical Society

#### **CARD OF THANKS**

o City Manager Judie Zimomra and Police Chief Bill Tomlinson: I wanted to compliment you on the fine job your traffic controllers have done during this incredibly busy season. They function as "Island Ambassadors" in their critical positions at major intersections and for many visitors, it is their first human interaction in a long line of stalled traffic. The increased number of intersections with traffic control this year was much appreciated.

I am sure the shifts for your staff were long, hot and took an immense amount of concentration (not to mention a bit dangerous), but I never observed any one of the traffic directors lose their cool.

My wife, Salli, mentioned that the frequent times she pedaled past the Periwinkle and Casa Ybel intersection, she always heard polite words used with the many bikers that crossed. Friendly reminders of proper lighting must have been given also as visitors came into

Billy's Bike Shop to discuss which lights were legally required for night riding.

I know many citizens are unhappy when the traffic is so congested and the feeling of losing our island to visitors is shared loudly. I try to look at the situation from another view, knowing that it is temporary and soon our island will be much less crowded. The fact that so many visitors chose to ride bikes with their families and experience the good nature our island offers reminds me why this island is such a vacation destination. I am grateful that I relocated here in the mid-80s to start my career and I am so thankful that I am here and my children and grandchildren are also able to enjoy the wonderful experiences of a Sanibel lifestyle.

Thank you all for your contributions to the safety of and concern for all drivers, walkers, runners and cyclists this season.

Resident and business owner, Billy Kirkland☆

#### Memorial Day **Motor Show**

he San Cap Motor Club will be holding Rims & Fins Motor Show 2015 on Saturday, May 23 from 10 a.m. to 2 p.m. at Periwinkle Place Shops. All donations will benefit the Clinic for the Rehabilitation of Wildlife (CROW). The event is free and open to the public.

The motor show will be held in the parking lot of Periwinkle Place Shops and will feature everything from classic to modern and unique to exotic motors. There is no entry fee to participate and there will be a People's Choice Award for first, second and third place.

"I am happy that we can bring over 60 cars to this great event and showcase the many terrific stores in the shopping center. Many are contributing to the silent auction that benefits CROW," said Mike Stone, one of the founders of the San Cap Motor Club.

Blue Giraffe restaurant will be providing curbside orders along with food and beverages from various vendors, 50/50 raffle, silent auction and a sidewalk sale. Animal ambassadors from CROW will be on hand. The highlight of the event will be a 2 p.m. cruise-off down Periwinkle

To register your motor, contact Mike Stone at 322.0044 or email mike@san-

### WOW, what a wonderfully busy season!

And now we are gearing up for the next big run, giving way to the island tradition where everyone has fun, so...as "Coach" would say,

### "Let's play ball!"

...we'll start with a parade, add a few friends, throw in a baseball game and together we will have lots and lots of fun!



Wednesday, June 17th At the Lee County Sports Complex

Fort Myers Miracle vs. Daytona Tortugas

Gates Open: 5:30 PM • Parade Starts: 6:15 PM Game Start Time: 7:05 PM

#### Sign up to be a Sponsor today!

Your \$100 sponsorship helps support local charities that are important to us all, including helping our school kids. Don't be left out!

BUSINESSES AND INDIVIDUALS WELCOME



Call 472-1516 to reserve your spot today

> Send your \$ 100 check payable to: Islands Night 2477 Periwinkle Way Sanibel, FL 33957

With heartfelt appreciation, we Thank You! The Committee of Sam Bailey's Islands Night

A Local Island Tradition

#### Island Seniors At The Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed Monday May 25 in observance of the Memorial Day holiday.

Trash & Treasures Sale will be back in November. The center is currently accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman

— If you would like to be on the Page
Turners list, email annrodman@aol.com
or contact the Center 4 Life.

The featured book on Wednesday, June 10 is *Atonement* by Ian McEwan. Bring your lunch and watch the movie at 12:30 p.m., followed by a discussion on the book and movie at 2:30 p.m.

Friday Collage Classes with Bea Pappas – June 5, 12, 19 and 26, 12:30 to 3:30 p.m. Pappas will be teaching an easy approach to collage, both figurative and abstract. Collage can be worked from torn magazines, found papers like book pages or handmade papers. Collage artists: bring a pint of fluid matte premium, scissors, papers, magazines and substrates (substrates can be watercolor paper, canvas, canvas

board or mat board). Members are \$15, non-members are \$20. Call the center to sign up.

Sunset Social on the Causeway – Tuesday, May 26, 6:30 p.m. Enjoy an evening relaxing and watching the sunset with friends. Meet on the causeway at 6:30 p.m. and bring an appetizer to share. Bring your beach chair. The gathering will be on the first island on your left as you are leaving Sanibel. Look for the Island Seniors banner (weather permitting).

Leisure Luncher's – Monday, May 18, Wisteria Tea Room and Café plus shopping in downtown Fort Myers. Lunch at 11 a.m. and shopping following. Wisteria Tea Room and Cafe is located on Second Street. Have lunch with friends and explore the downtown area shops. Limited seating available, Register in advance at the center. Sample menu is available for viewing. Depart by carpool from the center at 10 a.m.

**Leisure Lunchers** – Wednesday, June 3, Church Basement Ladies at Broadway Palm Dinner Theater. Lunch at 11:45 a.m. and show at 1:15 pm. Members are \$51, non-members are \$56. The ever popular Church Basement Ladies are back to serve up some laughs. From the senior matriarch of the kitchen to the bride-to-be learning to arrange things in proper order, everyone will recognize the humorous and down-to-earth characters. Added is a little romantic stir for the new pastor, and the outcome is heavenly entertainment. Register by Friday, May 22.

Calling All Fishermen And

**Fisherwomen** – Tuesday, June 9. Grab your hat and sunglasses for the 1st annual Island Seniors Fishing Tournament. Depart from Port Sanibel Marina aboard the Miss Paradise at 9 a.m. and return to the dock around noon. Drinks and snacks will be provided. Prizes will be awarded for biggest fish, most fish caught, and other categories. Cost is \$55 for members and \$65 for non-members. Get your friends together for a fun filled day out on the water. Awards will be presented during lunch at SS Hookers following the trip. Stop by the center to reserve your seat or call for more information.

Christmas Tour to Charleston -November 30 to December 5. Includes round trip transportation, five nights of accommodations (three in Charleston, one in St. Augustine, one in Savannah) all in the historic districts, 11 meals (five breakfasts, one lunch, five dinners). Charleston Plantation Tour, Charleston Historic tour including the Citadel and Rainbow Row, St. Augustine live musical Christmas Show at The Savannah Theater and other attractions. Space is limited and payment secures your reservation. Members are \$1,049 per person double occupancy, \$1,449 single. Non-members are \$1,109 per person double occupancy, \$1,509 single. A deposit of \$100 secures your spot, with remaining balance due by October 30.

#### Games

**Bridge** – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

**Mahjongg** – Thursday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday and Thursday Kayaking – May 19 and 26 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

The Center 4 Life will be closed Monday May 25 in observance of the Memorial Day holiday. Fitness Classes

Classes are available and all ages are welcome. Cost is \$3.75 for members and \$6.75 for non-members. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

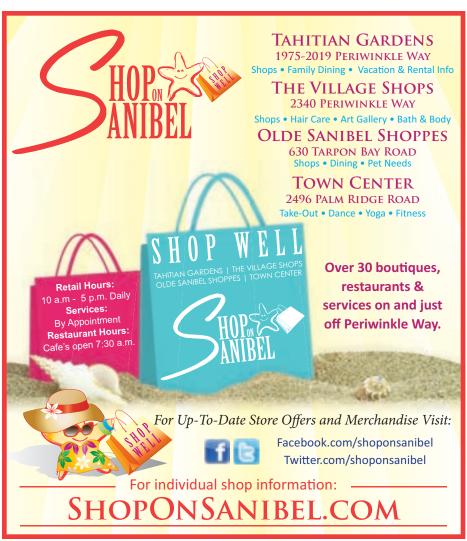
Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. (11 a.m. class available through May 23). Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.









#### What's Cooking At The House

hat do year-round residents do for fun on summer evenings? On Wednesday, May 27 at 6 p.m., bring your special appetizer, salad, entrée or dessert and head for The Community House for a potluck dinner and a relaxing evening of camaraderie and fun. It's BYOB with water and coffee supplied by the House.

Chef Jarred Harris, formerly chef at The Sanctuary Golf Club, is back from England and will present easy ways to prepare fresh Florida fish. And you'll get to sample that fish that Billy Kirkland and buddies are catching especially for you.

Be thinking about your favorite dish to share and if you are willing, bring the

recipe and the staff will start a House Recipe Box.

All are invited to hear more about the House Kitchen Guild, a new Community House group that brings together people with all sorts of food interests. Cooking, canning, growing, harvesting and education are some of the ideas that are being discussed as possible directions for the group to take.

Also, you will get an overview of the plans for redevelopment of The Community House. Become involved as we all look forward to the 2016 remodel and a large commercial kitchen where our food passion can become a reality.

Although this is a free event, reservations will be appreciated for planning purposes. Call your friends, then call The Community House office at 472-2155. Watch for this ongoing What's Cooking column in the newspaper.

#### Our email address is press@islandsunnews.com

## Love That Dress! 7 Fundraising And Dress Collection Events Announced

Planning for this year's Love that Dress! 7 is under way, and organizers have revamped the traditional collection parties leading up to the main shopping event in August.

"Building on the momentum of this successful fundraiser, we realized we needed to streamline the events leading up to the big event," said Sandy Stilwell, board chair for PACE Center for Girls. "Signifying our seventh year, we will have just seven signature dress collection fundraisers strategically hosted at locations across Lee County prior to the main event."

This year's main event will take place on Wednesday, August 26 at the Embassy Suites in Estero, located at 10450 Corkscrew Commons Drive. In the months leading up to the event, members of the Southwest Florida community are asked to donate new and gently "loved" dresses and accessories at collection parties and convenient drop-off locations across the county. Collection parties hosted by generous local businesses and organizations are a great way to connect with community members and sample the local fare, all while collecting inventory, raising funds and generating awareness for the main event.

During the main event, attendees will enjoy the huge inventory with friends, a silent auction full of unique packages and cocktails. Suite and VIP ticket holders are granted access to early shopping, private dressing rooms, clothing holds, express check-out service, complimentary adult beverages, hors d'oeuvres and a private selection of decadent chocolates.

All proceeds from Love That Dress! 7 will benefit the PACE Center for Girls of Lee County. PACE is a non-residential program targeting the unique needs of girls, ages 12 to 18, facing challenges such as physical and sexual abuse, domestic violence, substance abuse, foster care, neglect, death of a parent, family history of incarceration and declining grades.

This year s dress collection parties scheduled to date include the 6th annual Spadathon at SPADA Salon & Day Spa, located at 13161 McGregor Blvd. in Fort Myers, on Tuesday, May 19; SS Hookers, located at 17501 Harbour Pointe Drive in Fort Myers, on Thursday, June 11; Miromar Outlets, located at 10801 Corkscrew Road in Estero, on Wednesday, June 24; Rum Runners Restaurant, located at 5848 Cape Harbour Drive in Cape Coral, on Wednesday, July 8; Goodwill Boutique on First, located at 2401 First Street in downtown Fort Myers, and The Firestone After Party, located at 2224 Bay Street in downtown Fort Myers, both on Thursday, July 16; and the Lucky Number 7 Wrap Up Party at Six Bends Harley-Davidson, located at 9501 Thunder Road in Fort Myers, on Friday, August 7.

Love That Dress! 7 event chair and co-chair are Shelley Starner, assistant general manager of Miromar Outlets, and Jennifer Pfenninger, director of sales at Embassy Suites in Estero.

Last year, nearly 4,000 new and gently loved dresses were sold at the shopping event, raising more than \$125,000 for PACE.

"Each year, we look forward to Love That Dress!," said Meg M. Geltner, executive director of PACE Center for Girls. "Our collection party hosts and Love That Dress! committee have a wonderful series of events lined up for us this year."

According to Geltner, this year's Love That Dress! collection goal is to receive 4,000 new and gently loved dresses and raise more than \$120,000.

Anyone interested in hosting a collection party in support of Love That Dress! 7 may contact Allyson Ross, special events associate at PACE, at Allyson.Ross@PACECenter.org.

For more information about the event, call 470-7548, visit www.pacecenter.org/lee or search "Love That Dress Lee" on Facebook.



#### **BIG ARTS Scholarships**

• Iris Rannou, Photography, Art Institute of Tampa

Johnathan Skaggs, Musical Theater, Samford University (Birmingham, Ala.)

• Marissa Zumbo, Theater, University of Central Florida

The awards to Hernandez and Lewis are specially designated by BIG ARTS as Robert Rauschenberg Memorial Awards, in honor of the artist's philanthropic and educational interests, and to advance understanding of the legacy of his life and artwork.

The BIG ARTS Scholarship Awards will be presented at a special reception on Tuesday, May 19 at 9:30 a.m. in Phillips Gallery at the BIG ARTS Center, 900 Dunlop Road on Sanibel. The public is welcome to attend to congratulate the winners and celebrate their talents.

#### City Financial Statements Available Online

The City of Sanibel Comprehensive Annual Financial Report for the fiscal year ended September 30, 2014, is now available online on the city's website, www.mysanibel.com.

The city's financial statements have been audited by CliftonLarsonAllen, LLP, a licensed certified public accounting firm.

The independent audit was performed to provide reasonable assurance that the financial statements are free of material misstatement.

According to a release from city officials, "The independent audit involved examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements; assessing the accounting principles used and significant estimates made by management and evaluating the overall financial statement presentation. The independent auditor concluded, based upon the audit, that there was a reasonable basis for rendering an unmodified ("clean") opinion that the city's financial statements for the fiscal year ended September 30, 2014, are fairly presented in conformity with GAAP (Generally Accepted Accounting Principles)."

Management's discussion and analysis (MD&A) immediately follows the independent auditor's report and provides a narrative introduction, overview and analysis of the basic financial statements. The MD&A complements the letter of transmittal and

should be read in conjunction with it.

In addition, the following city financial documents also remain available:

- Comprehensive Annual Financial Reports for every year 2002-14;
- Annual budgets for every year from 2006 to 2014; and
- Each approved budget amendment from 2011 to the present.☼

#### San-Cap Optimists Club Offers College Scholarships

The Sanibel-Captiva Optimist Club is pleased to offer two four-year college scholarships to 2015 graduating seniors. The new scholarships replace two of the current six (since two current scholarship recipients are graduating college). Each scholarship is \$1,750 per year (\$7,000 total). The competition for the scholarships is open to all seniors graduating from high schools in Lee County in 2015.

Applications are available at all Lee County high schools (see your guidance councilor), at Bailey's General Store and at Sanibel Café, both on Sanibel, and on the San-Cap Optimist Club's website, www.sancapoptimist.org). Additional information is available via email at sancapoptimist@comcast.net or from Stan Howard at 472-0836. Scholarship applications must be postmarked no later than Thursday, June 11. The scholarship committee plans to make the final decision by the end of June.

Applicants should be aware that academic records, financial need, extracurricular activities, civic/community service records and references are integral parts of the selection criteria. The application package gives exact procedures.

Because of the generosity of local residents and businesses, these scholar-ships have increased from \$6,000 to \$7,000; existing scholarships will benefit by increasing future payments from \$1,500 to \$1,750 per year. The SanCap Optimist Club also sponsors and supports a number of other activities on the islands with emphasis on kids' welfare and education. The club is a 501(c)3 organization

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com

# REDNECK O' LIMPICS

Food & Fun For All Ages
(Bring the Whole Family!)

7th ANNUAL - SUNDAY, May 24th OPENING CEREMONIES @ HIGH NOON

#### MUSIC ALL DAY

All City Cornhole Championships @ 3pm

\$5 Burger & Dogs Grill

ALL EVENTS HELD AT
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4249 SAN-CAP ROAD (Mile Marker 3)
SANIBEL, FLORIDA

For Details Call 239.472.9979

# ATTENTION High School Graduates

Please email the following information to

#### press@islandsunnews.com

so we can include you in our graduation pages, coming soon:

- 1) your name and photo
- 2) name of high school
- 3) names of your parents
- 4) school you will be attending in the fall

Any questions, call 395-1213







Youngsters who participated in the Harlem Heights Summer Program in 2014

#### Art 4 Freedom Family Event At The Community House

uman Trafficking Awareness Partnerships (HTAP), Zonta Club of Sanibel-Captiva, the Sanibel Community Association and Traders Restaurant are co-hosting an event celebrating the art of young people who have joined the fight against human trafficking in Southwest Florida.

The event will take place at The Community House, located at 2173 Periwinkle Way on Sanibel, from 5 to 7 p.m. on Saturday, May 23. It is a family event with parents, children and community members welcome.

Over 50 large paintings created over the last five years by local students at many locations from Sanibel to Dunbar, North Fort Myers to Bonita Springs, will be displayed.

Students at the Cypress Lake Center for the Arts' theatre class will be performing scenes from an original play written at the Center. Mastersinger students will be performing anti-slavery songs from the past to the present every half hour. Other opportunities to get involved in the fight against trafficking will be offered.

HTAP was recently awarded grants from the Rauschenberg Foundation, the Zonta Club of Sanibel-Captiva and St. Michael and All Angels Church to enhance and expand the ARTREACH program.

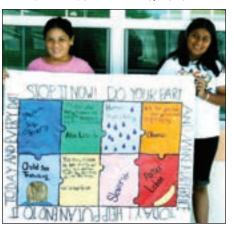
"We are so proud of the work of these young people and their use of art to convey messages about human trafficking," said Nola Theiss, HTAP's founder. "We think the community will be astonished by the impact of these paintings and we value the support of the community."

A silent auction of items from local businesses and artisans will be held. Refreshments will be provided by the Traders Restaurant. Proceeds from the cash bar will be donated to HTAP.

The suggested admission donation for adults is \$10 while children are free. This event is an opportunity for attendees to

learn about human trafficking and how you can become involved in the fight against human trafficking.

For further information, contact HTAP at info@humantraffickingawareness.org or call 415-2635.



Bonito Pueblo Boys and Girls Club

#### American Legion Post 123

n Sunday, May 17, American Legion Post 123 will serve a fish fry from 1 to 8 p.m. On Sunday, May 24, Redneck O'limp'ics is back with food and fun for all ages, plus music all day. The All City Cornhole Championships begin at 3 p.m.

Nine-ball pool tournaments are played every Monday starting at 5 p.m.

"Hump day" specials are served all day

on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

#### American Red Cross Youth Swim Lessons At Rec Center

Improve your child's comfort level and abilities in the water with youth swim lessons at the Sanibel Recreation Center. Group lessons are offered for youth starting at six months. Summer Session classes will be held on Saturdays – June 6, 13, 20 and 27; July 4, 11, 18 and 25; and August 1. Registration is on a first come, first served basis.

Cost per session for Recreation Center members is only \$42 and \$55 for non-members. Any accompanying non-members must present a valid photo ID at the front desk. A class schedule with detailed lesson information is available at the Recreation Center's front desk. Call 472-0345 for requirements and class options.

#### Rec Center Babysitting Training

Babysitter Training, Junior Lifeguard and Pet First Aid Camp for ages 11 to 15 will be offered from June 8 to 12 from 9 a.m. to 4 p.m. daily at the Sanibel Recreation Center.

This five-day camp will provide participants with the skills every parent wants in a babysitter including safety, basic child care, safe play, critical emergency action skills, first aid and CPR skills. Participants will be introduced to the basic knowledge and skills required to be a lifeguard as well as receive training in Pet First Aid.

Camp participants should pack a lunch, swim suit, towel and sunscreen each day. The cost of the course is only \$136.50 for members and \$178.75 for non-members and includes all materials. Participants must attend all sessions to receive certifications.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com

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> on the Islands Special Orders and Case Discounts

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Great Selection of Cigars and Accessories 4 Foxes Chardonnay 750 ml. Reg. \$14.99 SALE \$12.99

Four Foxes Chardonnay is a fine wine from the Sonoma Coast with the sole purpose to raise funds for Team Fox and Michael J. Fox's Foundation for Parkinson's Research 100% of profits go to Team Fox

Kendall Jackson Chardonnay 750 ml. \$13.99

Cavit Pinot Grigio 1.5 ltr. Reg. \$14.99 SALE \$12.99

Grey Goose Vodka 750 ml. \$32.99

Smirnoff Vodka

Woodford Reserve Bourbon 750 ml. Reg. \$38.99 SALE \$35.99

#### No need to leave the island... it's all right here!

Bailey's Shopping Center (just right of the hardware store)
Corner of Periwinkle and Tarpon Bay • 472-1682
Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.



Long-time Sanibel residents Bev and **Armand Ball** 

photo courtesy Community Housing and

#### **Ball Completes** 14 Years Of Service At CHR

ong-time Sanibel resident Armand Ball recently completed 14 years of service on the board of directors of CHR (Community Housing and Resources). Ball was honored at the organization's annual meeting and was given a unique, hand-painted birdbath to commemorate his service. Being nature lovers, Armand and his wife, Bev, appreciated a gift that would attract birds to their yard.

The inscription on the birdbath's plaque includes is a quote from Abram

Open Monday-Saturday at 10am

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**Notions** 

**Beads** 

L. Urban: "Poor indeed is the garden in which birds find no homes," linking Ball's love of nature with providing homes for those in need.

"Over our 45 years as part of Sanibel as a visitor and full-time resident, I have found that one of the keys to a diverse and vibrant community is Community Housing and Resources," Ball said. "I believe it will continue to meet the needs of this community over the coming

Ball first visited Sanibel in 1968 and he and his family made it their permanent home in 1988. During his time here, Ball served as chair of the city's Parks and Recreation Committee and of its Five-Year Budget Committee. He is a past president of the board of the Sanibel-Captiva Conservation Foundation and of the Committee of the Islands. Ball came to the CHR board in July of 2001.

"Armand has been a driving force behind Community Housing and Resources," said CHR board president Richard Johnson. "His institutional knowledge, experience, and insights into our mission will be difficult to replace. As our Secretary, he had effectively helped to keep our leadership team on track, especially this President. Armand will be missed by all, but he has left an indelible mark on our organization that will not be lost. Thank you, my friend."

For more information, visit SanibelCHR.org or call 472-1189 Donations and contributions to CHR are tax deductible.

Find us on

**Scrapbook Papers** 

**Children's Crafts** 

**Art Supplies Shell Crafts** 

Gifts

### City's Budget Document Receives Award

The City of Sanibel has received notice from the Government Finance Officers Association of the United States and Canada (GFOA) that the City of Sanibel has received the GFOA's Distinguished Budget Presentation Award for the City's Fiscal Year 2015 budget document.

The City of Sanibel is one of only 141 governmental agencies in Florida to achieve this prestigious award this year. The GFOA established the Distinguished Budget Presentation Award Program to encourage and assist state and local government to prepare budget documents of the very highest quality. Among the criteria the budget document was evaluated against are; the quality of the document

as a financial plan, an operations guide, and as an internal and external communication guide.

Upon presenting the award to the City of Sanibel, Donna Lovejoy, Southwest Florida Finance Officers Association board member, stated "The receipt of this budget award demonstrates a commitment to excellence and transparency. Users of these winning budget documents, such as credit rating agencies, government officials and taxpayers, have access to a high quality report with information to decision making.

When a Distinguished Budget Presentation Award is granted to an entity a Certificate of Recognition is also presented to the individual or individuals designated as being primarily responsible for having achieved the award. The City of Sanibel Finance Director Sylvia Edwards and Accounting Operations Manager Steven C. Chaipel have also been presented with Certificates of Recognition.



Neighbors Club members enjoying the April Rally at Sanibel Harbour Marriott Resort

#### Neighbors Club Holds April Rally

he Sanibel Captiva Neighbors Club drew more than 75 members to their April Rally held at Sanibel Harbour Marriott Resort in South Fort Myers, made possible by general manager Tom Custo and his outstanding

Members enjoyed drinks and complimentary appetizers on the open air balcony at Charley's Cabana, which is open to the public and a top waterfront

During the event, \$55 was raised for the Sanibel-Captiva Conservation



Susan Rosenberg and Ken Gerson

resort staff. destination.

Foundation via a raffle.\$\times\$

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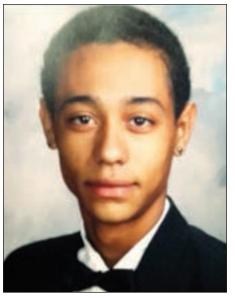
#### Republican Women Luncheon

hat we accomplished and what we didn't accomplish" is the theme of Florida Senator Bill Galvano's presentation to the monthly Fort Myers Republican Women's luncheon on Tuesday, May 19. The Senate Majority Leader represents the 26th District. He will discuss legislation passed and not passed in the 2015 legislative session. A question-and-answer session will be held following his formal presentation.

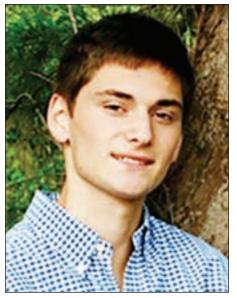
The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$18. Reservations are required by Thursday, May 14 and may be made by contacting Tina Laurie at 489-4701.

For more information about the club, contact the president, Carole Green, at 850-590-2206.

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Brennan Goodman



Dara Craig



Jill Richter

#### Sanibel Community Church Honors 2015 Graduating Seniors

anibel Community Church's youth ministry H20 is honored to congratulate this year's high school graduates. They are Dara Craig, Brennan Goodman, Sara Hayes, Tabitha Nave, Danny Rafalski, Jill Richter, Will Sitton, Jonathan Skaggs, Katherine Strange, Adrian Strauss, Kirk Williams, Brytne Wells and Kyle Zurbriggen. On Sunday, May 17, these graduating young people will be honored and prayed for during the 9 and 11 a.m. church services, and will be attending a graduating banquet in their honor after the services.

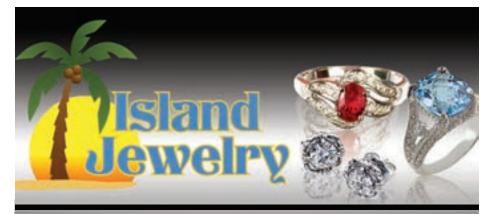
Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). H2O Student Ministries is for sixth through 12th grade young men and women. H2O meets on Wednesday evenings from 5 to 7 p.m. for middle school students and 6 to 8 p.m. for high school students, and on Sunday mornings at 11 a.m. All students are welcome to attend.



Jonathan Skaggs



Katherine Strange

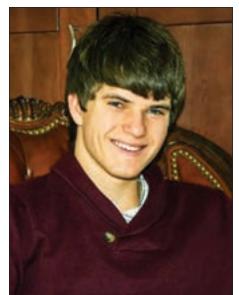


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#### Doc Ford's Resolution Passed Unanimously

by Jeff Lysiak

The resolution to approve both a conditional use permit and a development permit which paves the way for a new Doc Ford's Rum Bar & Grille to be constructed near the intersection of Tarpon Bay Road and Island Inn Road was formally approved by the planning commission at their meeting on Tuesday.

The conditional use permit grants the property owner Tarpon Bay Road, LLC permission to establish a 9,185-squarefoot dine-in and carry-out restaurant - to be located on a 2.4-acre parcel located at 2500 Island Inn Road - with 214 seats while the development permit allows construction of a commercial building including 122 off-street parking spaces, onsite drainage and other various site improvements.

Last month, commissioners approved both permits for the eatery after listening to more than six hours of testimony from the applicant and the city's planning department staff as well as dozens of audience members who filled MacKenzie Hall beyond capacity.

On Tuesday, with public comment on the resolution closed, only 13 people attended the meeting.

During discussions on the resolution, commissioner Chuck Ketteman's prior request to have a condition on noise and odor control at the restaurant added was brought up. According to Planning Department Director Jim Jordan, his office had received a new construction plan from the applicant which included the installation of acoustic tiles.

"It seems that they are addressing those items," said Jordan, whose department will further scrutinize the preliminary construction plans. He added that the city may elect to review the plans using in-house staff or an independent state-certified architect.

"We will use all resources we have possible to make sure compliance is achieved," he noted.

Commissioner Holly Smith asked if there had been any prior complaints regarding odor at the current Doc Ford's location on Rabbit Road, which Jordan responded that there have been none.

Attorney Steve Hartsell and restaurant partner/property owner Marty Harrity attended the meeting. Hartsell told the commission that "Doc Ford's is going to meet all of the city's requirements."

Asked when the restaurant planned on breaking ground at the new site, Harrity joked, "This afternoon."

"Clearly, they would like to get started as soon as possible," Hartsell added.

According to Harrity, Benchmark Construction will build the restaurant and, barring any summer weather delays, construction is expected to be completed within seven to nine months.

Smith made a motion to approve the resolution, which was seconded by fellow commissioner Jason Maughan and approved by a unanimous vote, 7 to 0.☼

#### Traffic Meetings Set For June 1 And 9

by Jeff Lysiak

wo meetings have been scheduled to discuss traffic concerns on Sanibel, most notably congestion along Periwinkle Way during peak periods in-season.

Last week, Mayor Kevin Ruane called

for a special city council workshop meeting to discuss traffic problems and possible solutions. That meeting will be held beginning at 9 a.m. on Monday, June 1 at MacKenzie Hall.

A second session between members of the council and the city's planning commission has been scheduled for Tuesday, June 9 at 9 a.m., also at MacKenzie Hall. That meeting replaces the commission's regularly scheduled monthly session, which will instead take place on Tuesday, June 23.

The public is invited to attend both meetings.

Ruane suggested on May 5 that the city council workshop session focus on looking at a number of subjects which may offer some relevant solutions for

Sanibel, including:

- Technology Signage, traffic alerts, Smartphone apps and commuter notifica-
- Behavior Modification Ride sharing/carpooling
  - Education
- Route Alternatives Roundabouts, causeway one-way traffic during peak
  - Expectations

"Certainly, there is some good data out there, but there is some data that is outdated," Ruane said last week after reviewing more than 2,600 pages of traffic-related information compiled over the last quarter of a century. "I look forward to having some good discussions on

#### Sweet Shop Approved For Palm Ridge Plaza

by Jeff Lysiak

uring Tuesday's planning commission session, a conditional use permit was granted for Sanibel Sweet Shoppe, an 800-square-foot retail confectionary store to be located in the Palm Ridge Road Shopping Plaza.

City planner Benjamin Pople and business owner Elizabeth Pfeiffer presented the application to the commission. Among the 13 conditions for approval recommended by the planning department staff were:

• The approximately 800-square-foot commercial unit located at 2330 Palm Ridge Road shall be allowed to operate as a retail sweet shop involving the on-site food preparation and sale of items including candies, chocolates, fudge, cupcakes, tarts, cookies pastries, chocolate-dipped items (pretzels, fruit, etc.) and handdipped Italian ice as well as non-alcoholic beverages.

- The approved use shall be maintained in accordance with all applicable conditional use general requirements and the five conditions required for eating places, such as restaurants, grocery stores, and any permitted commercial use involving on-site food preparation or processing.
- No indoor or outdoor seats are authorized as part of this approval.
- Consumption of food items on the premises of the subject commercial unit is not permitted.

The planning department does not object to the approval of the Sanibel Sweet Shoppe as a conditional use as long as the planning commission is able to determine that the proposed retail store will not be more intense than a typical retail commercial unit with respect to the parking requirements of the Land Development Code," the staff report wrote in summary.

Commissioner Holly Smith stated that she was "struggling to understand" why continued on page 11



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From page 10

#### Sweet Shop Approved

they were considering the application as a standard retail use rather than a traditional take-out food store. Sanibel Sweet Shoppe proposes to prepare the food onsite, however, they do not plan on offering confections, baked goods or Italian ices as "ready to eat" foods. All items will be prepackaged or prepared in containers to be consumed off-site.

"We want to have a down home island sweet shop," said Pfeiffer. "It's just a beachy island spot."

There were some discussions about available parking spaces and non-compliance issues at the property that were not related to the application. According to Planning Department Director Jim Jordan, the owner of Palm Ridge Road Shopping Plaza has submitted a plan which hopes to bring the property into compliance. His staff is currently reviewing that plan.

Following some additional remarks, commissioner Jason Maughan made a motion to approve the application, which was seconded by Chris Heidrick. The motion was approved, 7 to 0.☼

#### **OBITUARY**



FRANK L. CRAYMER

rank L. Craymer, 75, of Wilmington, Delaware and formerly of Sanibel Island, died unexpectedly but peacefully on Sunday, May 10,

Frank is survived by his loving wife of

51 years, Gaynol (Gay) Craymer, and his two daughters, Suzanne L. Kissel of Cary, North Carolina, and Karen L. Zaritsky of Wilmington, Delaware, in addition to his four treasured grandchildren, Sarah L. Zaritsky, Henry L. Kissel, Tyler G. Kissel,

and Ella T. Zaritsky.

Born on May 23, 1939 in Philadelphia, Pennsylvania, Frank went on to graduate from Haverford High School in Haverford, Pennsylvania and matriculated from Drexel University in Philadelphia. Shortly thereafter, he met the light of his life, Gay on an Ocean City New Jersey beach. On June 20 1964, they were married at Haddonfield Methodist Church in Haddonfield, New Jersey. He proudly served in the U.S. Army Reserves for nine years, receiving an honorable discharge in 1968.

Frank began his career as a CPA at Hercules Inc. in 1958. As a result of consistent promotion, he eventually served as the director of external reporting, a position that allowed him to express his love for detail in accounting as well as the written word. He was an active member of Hockessin United Methodist Church.

In 1993, Frank and Gay moved to Sanibel Island, Florida, where they lived for 12 years. Never tiring, Frank was employed by Wachovia from 1993 to 2003. After settling briefly in North

Carolina, the two returned to their roots in Wilmington.

Frank was fiercely loyal to his family, his friends, and the values he learned from his parents. He gifted his grandchildren with his open adoration and complete attention - especially when checking their hands for cleanliness. He taught his daughters the importance of always pursuing their dreams, as he never stopped following his. More than anything else, Frank was a loving husband whose most profound monument will be the partnership he built and shared with Gay.

His funeral service will be held on Saturday, May 16 at 11 a.m. at Hockessin United Methodist Church, 7250 Lancaster Pike, Hockessin, Delaware with a visitation beginning at 10:30 a.m. Interment will follow the funeral at Lower Brandywine Presbyterian Church Cemetery. The family suggests honoring Frank's memory by sending a contribution to The Ronald Reagan Presidential Foundation and Library, 40 Presidential Drive, Simi Valley, CA 93065 (or online at www.reaganfoundation.org). Messages of condolence may be sent to www.mccreryandharra.com.

As we mourn his loss, Frank would want us to remember the words of Ronald Reagan: "Life is one grand, sweet song, so start the music."

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#### **OBITUARY**



#### **MELISSA RAE GODFREY**

elissa Rae Godrey was born on March 12, 1980 in Coupeville, ■ Washington. She went peacefully to be with the angels on April 19, 2015 in Fort Myers, Florida. She was 35 years old.

Melissa is survived by her husband Dave Godfrey, children Ryan and Madilyn, her parents Tommy and Shari Evans, her sister Mona, her brother Justin, and many family members and friends who miss her dearly.

Melissa was a beautiful soul and welcomed so many people into her journey. She fought to bring awareness to LLS and her family will continue this fight on her behalf. Melissa lived her life to the fullest right up to the very end. She will forever be loved and always missed by all who have had the privelege to see her big, beautiful smile.

Amor venit cum tristitia magna (With great love comes sadness)

A memorial service will be held at Sanibel Community Church on Thursday, May 21 at 5 p.m. on Sanibel, Florida. A

sunset remembrance will follow at Blind

Donations may be made in memory of Melissa to the Leukemia Lymphoma Society and/or Hope Hospice, 9470 HealthPark Circle, Fort Myers, FL 33908. Visit www.harvey-engelhardt.com to leave a condolence to the family.☆

#### **OBITUARY**



SANDRA L. PODLASEK

andra L. Podlasek, 72, of Sanibel Island, Baileys Harbor, Wisconsin and Crystal Lake, Illinois, died on Tuesday, April 28, 2015 at the Health Park Medical Center in Fort Myers after a courageous 48-day battle in the surgical intensive care unit.

She was born on December 3, 1942 in Danville, Illinois, the daughter of Carl E. and Elaine A. (Staubus) Erickson. After growing up and attending grade school and high school in Hoopeston, Illinois, she graduated from S.I.U. Carbondale, Illinois in 1965.

Sanibel Fellowship, sbc Invites Come study the Bible together Sunday Mornings 9-11 a Continental Breakfast Informal, with lots of Interaction Connect with others in the Community Presently Meeting at The Community House 2173 Periwinkle Way, Sambel, FL 33953

Elementary education was her profession, and she taught at various schools including fifth grade for more than 20 years at Prairie Grove School District #46 in Crystal Lake, Illinois before retiring.

Her passions were her family, reading, walking on the beach, drawing, working in her flower garden and playing drums. She was also an excellent photographer of animals, nature and landscapes, with her loyal sheltie (Bailey) always by her

She is survived and deeply missed by her husband of 49 years, Carl J. Podlasek, her sons, John (Karen) Podlasek and Brian (Elke) Podlasek, her grandchildren, Erik, Jack, Amanda and Kristina Podlasek, her sister, Pamela Chouinard, her brother, Gary (Nancy) Erickson and many nieces and nephews, along with the many friends she made during her wonderful 72 years.

A memorial gathering was held for family and friends with a sunset toast to her life on April 29 on Sanibel beach, one of her favorite places in the world.

Additional memorials will be held on Saturday, May 16 from 2 to 6 p.m. at Querhammer & Flagg Funeral Home, 500 W Terra Cotta Avenue, Crystal Lake, IL 60014, along with another in Baileys Harbor, Wisconsin at a date yet to be determined.

In lieu of flowers please make a donation to the charity of your choice in her name, or to the National MS Society at P.O. Box 4527, New York, NY 10163. Friends may sign the guest book at www. horizonfunerals.com.菜

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#### Trust Fund Benefits Capt. Rob Modys

aint Michael and All Angels Episcopal Church on Sanibel has set up a trust fund for Captain Rob Modus, a beloved fishing captain who operates out of Fishtail Marina in Fort Myers Beach.



Rob is the son of Rob Modys playing the bagpipes

Bettie Modys, well loved and long-time volunteer of Noah's Ark, (a thrift shop run by the church members) and a longtime parishioner of Saint Michael's. Bettie is the reason customers at the Ark find everything so irresistible; she arranges the household items and sets the beautiful tables with previously loved dishes and

linens. She also serves as Head of the Altar Guild, lovingly setting the altar for services in the church.

Rob's father, Robert Modys, served as Senior Churchwarden of Saint Michael's at the time of his death in 2000.

Rob played the bagpipes at the Installation of Rev. Dr. Ellen Sloan at Saint Michael's in 2009. Rob has been diagnosed with multiple myeloma and is undergoing treatment. He is presently unable to take clients on fishing excur-

The Rob Modys Medical Fund has been set up at Bank of the Islands and donors may send checks made out to the fund to the bank or to the church office, 2304 Periwinkle Way on Sanibel.

### Churches/ Temples ANNUNCIATION GREEK

ORTHODOX CHURCH:

8210 Cypress Lake Drive, Fort Myers Reverend Dr. Elias Bouboutsis. Orthros Service Sunday 9 a.m. Divine Liturgy Sunday 10 a.m. Fellowship Programs, Greek School, Sunday School, Bible Study www.orthodox-faith.com, 481-2099

**BAT YAM-TEMPLE OF THE ISLANDS:** The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Myra Soifer. For information call President Martin Pokedoff at 239-395-2544. CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris Services every Sunday 11 a.m. through April 26, 2015. 11580 Chapin Lane on Captiva, 472-1646.

Captiva. 472-1646.
FIRST CHURCH OF CHRIST, SCIENTIST: 2950 West Gulf Dr., Sunday 10:30 a.m.; Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m.; Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours).

**NEW SANIBEL BAPTIST CHURCH** Join us for worship Sunday mornings 9 a.m. Bible Study and 10 a.m. Worship Service at The Community House, 2173 Periwinkle Way. 239-671-5502. SANIBEL COMMUNITY CHURCH 1740 Periwinkle Way, Sanibel, 472-2684 Dr. Daryl Donovan, Senior Pastor Sunday Worship Hours:

8 a.m. Traditional in historic Chapel. 9 a.m. Contemporary and 11 a.m. Traditional in main Sanctuary. 10:15 a.m. Courtyard Fellowship. 9 and 11 a.m. Bible classes. Childcare avail-

able at all services.

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The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel, 10 a.m. Full Service with Sunday school and nursery care provided. Elevator access

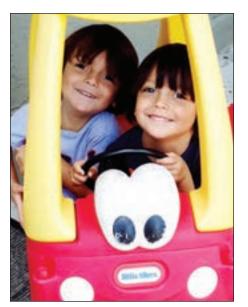
ST. ISABEL CATHOLIC CHURCH: 3559 San-Cap Rd., 472-2763 Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 9:30 a.m., Daily Mass Wed. Thurs. Fri. 8:30 a.m. Communion Service Mon. and Tues.

8:30 a.m. Holy Days call. ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 9:30 a.m Sunday Eucharist, 9:30 a.m. Sunday School, 9 a.m. Tuesday Morning Prayer, 9 a.m. Wednesday Healing Eucharist, 6 p.m. First Wednesdays Prayer and Potluck 472-2173, www.saintmichaels-sanibel.org UNITARIAN UNIVERSALISTS

OF THE ISLANDS:

Meets on the first Sunday of each month from December through April at the Sanibel Congregational Church, 2050 Periwinkle Way at 5 p.m. A pot luck is held at a member's home on the third Sunday of each month. For more information call 433-4901 or email ryi39@aol.com.☆



Kahanu and Kekoa Otalvaro can't wait to have their car seats checked at Preschool Safety Day

#### Preschool Safety Day

ummit Christian Preschool is hosting a Preschool Safety Day for families of Sanibel and Captiva. It will be held on Saturday, May 30 from 9 to 11 a.m. on the Sanibel Community Church campus, located at 1740 Periwinkle Way.

Activities and information during the event will include photo and fingerprinting by the Sanibel Police Department, safety tips for parents, car safety seat

# Eye-Hand Coordination



Yumi Bautista and Karminday Schafer concentrate as they practice righty-tighty and lefty-loosy with a screwdriver

umi Bautista and Karmindy Schafer strengthened their hands and practiced fine motor skills in their VPK class at Sanibel Community Church. VPK is a free preschool program for children who are turning 5 years old before September 1, 2015.

Summit Christian Preschool is now registering for fall for both their 3- and 4-year-old classrooms. For more information or to schedule an appointment with the preschool director Leslie Celestin, call the main campus at 482-7007.

checks by the Sanibel Fire & Rescue District along with stranger danger, eye screening by the San-Cap Lions Club, poison safety, and Summit Preschool information and registration packets with preschool director Leslie Celestin.

For more information, call Kathy at **472-2684.**⇔

Share your community news with us. Call 395-1213 • Fax: 395-2299 or email press@islandsunnews.com

#### FISH Hurricane Committee Prepares For Upcoming Season

he official start of hurricane season is fast approaching, and the FISH of Sanibel-Captiva, Inc. Hurricane Committee is actively reaching out to the community in hopes of identifying those who need information and assistance during the hurricane season.

'While we do not evacuate individuals off the island, we do provide a detailed hurricane packet which includes a home visit to each household on our list. There, we review shelter and hotel information, preparation procedures and what to do in the event of an evacuation," said Sharon Thomas, FISH Hurricane Committee co-chair.

The hurricane committee is a collaborative effort to ensure, to the extent possible, the safety of our neighbors," said Director of Operations and Hurricane Committee co-chair Maggie Goldsmith. "We work very closely with city officials each year to prepare for hurricane season. The service we provide is not only invaluable to our residents, but also to their families.

continued on page 23



#### An Inside Look At Wildlife Recovery



Baby bobcat sleeping photos courtesy of CROW

he CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facil-

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species,



Baby squirrel sleeping in human hand

57 percent were birds, with 37 percent mammals and six percent reptiles.

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will be held on Friday, May 22 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens, free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care,



Baby flying squirrels sleeping

education and collaboration.

For more information, call 472-3644 ext. 228 or visit www.crowclinic.org.

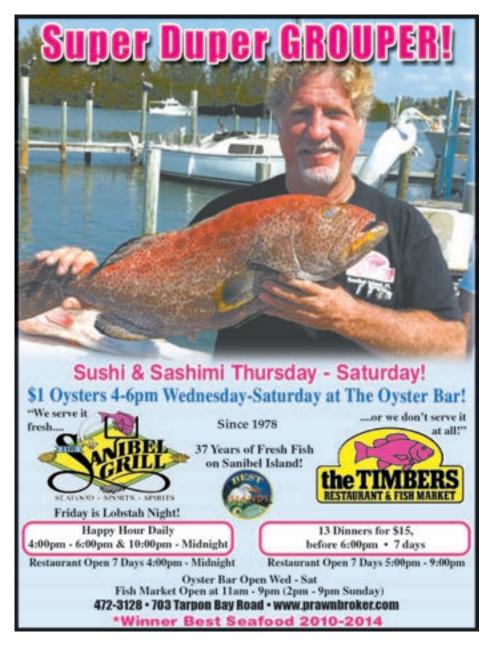
Send your editorial copy to: press@islandsunnews.com

#### Fish Caught



Charlie and Charlene Thompson

harlene and Charlie Thompson, visiting from Wisconsin, caught a 26-inch redfish while on a fishing trip with Sea Reed Charters.☆





**CROW Case Of The Week:** 

#### Osprey Fledgling



by Patricia Molloy

ate last month, a baby osprey (Pandion haliaetus) was found after an apparent fall from its nest. Unable to locate the nest, the bird's rescuer contacted CROW and it was

admitted as patient #15-0956. In addition to being dehydrated and malnourished, it was determined that the osprey had a heart murmur.

The "murmur" is the sound of blood flowing. Most birds have a really fast heart rate (relative to mammals), as would be expected from such athletic creatures. Some birds also have a heart murmur, which means that there is abnormal blood flow in the heart and through one or more of the valves.

"When you hear it, there's no doubt it's a murmur, on the left-hand side," explained Dr. Heather. "But then after (receiving) fluids and stabilizing the bird the next day, we listened and it was clear as a bell. Not even the slightest hint of a murmur.

To look for any underlying conditions, Dr. Heather followed-up with a cardiac work-up that included blood tests and radiographs to evaluate the health of the

osprey's internal organs. The heart murmur, like most, appeared to be harmless and did not require treatment.

"I don't think I've ever seen that so frequently in any other species, because it is mostly ospreys. There have been a few osprey that, even after we got them in here and stabilized and everything else was fine, continued to have really bad heart murmurs," Dr. Heather concluded.

The clinic's staff and students will continue to tong-feed the youngster until it is old enough to eat on its own. Shortly thereafter, Dr. Heather will transfer the osprey to a large outdoor flight enclosure. As soon as the fledgling has completed flying lessons, the magnificent fish-eating hawk with the white-crested head will begin life anew in the skies over Sanibel.

CROW has been on the front lines of the fight to save Lee County's osprey population by treating and releasing hundreds, if not thousands, of the native avians since it opened its doors in 1968. The wildlife clinic's tireless efforts to educate the public about the necessity of protecting all native and migratory wildlife populations in Lee County has also aided in the conservation efforts.

With the continued, combined efforts of local agencies and concerned residents, Lee County's native and migratory wildlife will continue to prosper. Never underestimate the difference that you, as an individual, can make to impact change. Start by volunteering your time or donating money to support CROW in its mission to rehabilitate sick, injured and abandoned wildlife for present and future

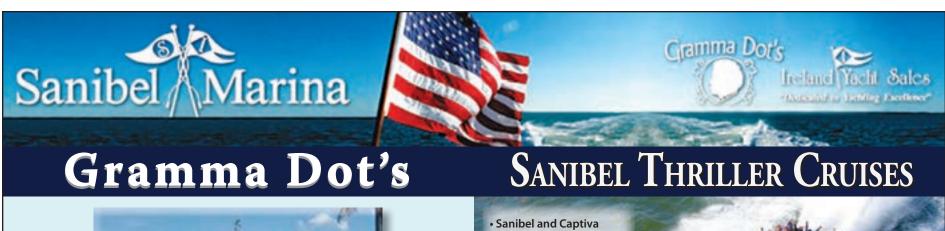


A student covers her hand with a puppet as she tong-feeds the osprey, patient #15-0956. Camouflaging her hand helps combat imprinting.

generations to enjoy.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our

local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.





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From left, shell photos by José H. Leal; live snail by Ángel Valdés, taken on Sanibel Causeway; egg mass by Linda Shockley, near Marco Island

#### Striate Bubble



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

he striate bubble, Bulla occidentalis A. Adams, 1850, is a local gastropod that may be seen

alive in large numbers during the winter at the east end of Sanibel and other

protected areas. Its fragile, barrel-shaped shell may reach 25 mm (one inch). The snail, when active, completely envelops the shell, but may retract completely into it when threatened. The striate bubble is a burrower, living in sandymud areas. Bubble snails and their relatives are hermaphroditic animals, having functional male and female reproductive systems. The egg masses of striate bubbles (pictured on the right) are gelatinous, enveloping and protecting tiny greenish-yellow eggs. Learn more about the striate bubble at http://shellmuse-um.org/shells/southwest-florida-shells/ bulla-occidentalis.

#### **Shell Museum Events**

Daily at 11:30 a.m. and 3 p.m. - Live Mollusk Tank Talk: Learn more about

the shell makers from one of our marine biologists!

Mondays, 2 p.m. - Carolyn's Collection: A fun and engaging look at

gem-quality shells of a private collector.

Tuesdays, 2 p.m. – What is a Mollusk?

A marine biologist offers a fun and informative introduction to mollusks found throughout the world.

Thursdays, 2 p.m. – Shell ID: Get mysterious finds identified by an expert.

Fridays and Sundays, 2 p.m. -Shelling 101: Learn how and where to shell our local beaches.

Saturdays, 2 p.m. - Giant and Colossal Squids: An expert's insights into the lives of these mysterious creatures.

Daily Island Inn Morning Beach Walks: Join our marine biologist for a beach

walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10, and parking at Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests: Please book through the Inn).

New summer programs will begin on Tuesday, May 26; visit shellmuseum.org for more information.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



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#### The Tarpon Network 'TTN'



by Capt. Matt Mitchell

onditions for tarpon fishing were near perfect after a few crazy windy days early in the week. More and more, tarpon are appearing in the sound now that

we are past the full moon. With the weather really starting to settle down, tarpon fishing should just keep getting better, the more consistent the weather, the more consistent fishing is. Tarpon during the month of May are my primary target species although a couple of afternoons this week I've got away from it a little and mixed it up, fishing the catch and release snook action and for larger mangrove snapper when clients

wanted fillets. Both of these species fed well on the big high tides.

After running along the beaches and the length of the sound from the tower, scouting for tarpon this week, the best action came for me while fishing in some of the old go-to tarpon haunts in the sound. Locating a few free jumping and rolling fish in these not so secret sound areas, it was then just a matter of setting up on the anchor and fishing the live and cut bait spread. No one particular place had lots of fish but if you put in your time and camped out, generally, you would get a few shots at a tarpon. While I sat on the hook in these areas, almost continuously every 10 minutes or so you would see a tarpon either roll or free jump. It was often just a matter of being patient in these places that you knew there were fish and a bite would eventually happen. Fresh cut bait did better for me this week though we did have a few hook-ups on the live bait rods with crabs and pinfish under a float.

I did hear a few tarpon reports from other captains of sporadic action in the afternoons out on the beaches when



A hooked tarpon comes just about close enough for a leader touch and release

the sea breeze held off. These big pods of gulfside tarpon randomly popped up in the Sundial/Knapp's Point area. For sheer numbers of fish, this can be awesome. Wide open bite, but with so much open water out here to locate fish in, unless conditions are just perfect it's, not usually where I spend much of my time tarpon fishing. If I decide to beach fish, it's normally from Blind Pass north to Boca Grande where the fish move much closer to the beach and seem to have more north and south direction to this

With so much water to cover in our area, that can be holding tarpon that having friends who are on the water doing the same thing, can save you lots of running time. Less running means more time in the fish and more time with the rod in your hand. My normal day of tarpon fishing usually starts where I located the bulk of the fish the previous day. I like to use that as a starting point. If no tarpon are showing there, I start what we refer to as the loop. This route takes me through seven or eight of my favorite areas to tarpon fish in the sound.

During the periods when I'm on the move hunting and looking through these areas, I'm also sometimes on the phone texting or calling other tarpon guides that are on the water doing the same thing. Knowing that a guide is not seeing any fish on Cayo Costa is almost as important as if he is seeing lots of fish. Tarpon connections, or our little guide networks, cut down on running time from place to place and give our clients more fishing

Most of the year, fishing guides are pretty closed lipped about where they catch snook and redfish among other fellow guides as most of these spots are often very small only able to fit one or two boats. Tarpon fishing involves much bigger bodies of water so we often help each other out. Being able to cover a 50-square-mile area in a few texts is an invaluable tool and beneficial to all

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.🌣

#### Send Us Your Fish Tales

The Island Sun would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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#### **Red Cardinals** Seen On Sanibel



pair of cardinals perched on the side mirror of an automobile

anibel resident Rene Lohser recently had a unique experience at the Fulgar Street beach access parking lot, where he saw a pair of red cardinals attack the mirrors of several parked automobiles.

"After they made sure nobody was around, they got closer and closer to the side mirrors of the cars, looked into it and attacked it violently, one after another,"



The cardinal sees his own image



Red cardinal

wrote Lohser. "It was difficult with my small camera, but lots of fun to follow them until I was able to take the attached pictures."



Coyote captured on camera at a screened sea turtle nest

#### Coyote And Bear Tales At SCCF

n Wednesday, May 20, come to the SCCF Nature Center and learn about two newcomer species to the islands. Coyotes and a Florida black bear were documented on the island for the first time in the winter of 2011.

Come and learn about the behaviors of these two new species and how to live with them. The island black bear was relocated to north Florida. Coyotes can now be found on Sanibel, Captiva, Buck key, North Captiva and Cayo Costa.

Come and learn what SCCF will be doing to reduce coyote predation on sea turtle nests this summer. Program is free to children and SCCF members or \$5 for adults and starts at 10 a.m.

To advertise in the *Island Sun* Call 395-1213



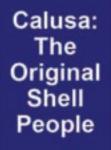
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Museum open 7 days a week, 10 a.m. to 5 p.m. 3075 Sanibel-Captiva Rd, Sanibel • (239) 395-2233 Shellmuseum.org

#### Lace Ferns

by Gerri Reaves

ace ferns (Asparagus setaceus) history in Florida dates as far back as the 1890s, when it was grown and shipped to northern markets for use in floral arrangements.

A native to southern and eastern Africa, it is also called plumosus fern, climbing asparagus fern and common asparagus fern.

Lace fern has the finest foliage of the several asparagus ferns found in Florida. It is a relative of the very common Sprenger's asparagus-fern (Asparagus aethiopicus), which is listed as a category-1 species by the Florida Exotic Pest Plant Council.

Lace fern is found on disturbed sites in Florida and has become naturalized. Because of its potential as a nuisance plant, it is best used only for flower arrangements or as a container plant.

This long-lived twining climbing vine has semi-woody stems and stiff flat branches with very tiny feathery branchlets. The main stems are thornless or slightly thorny and can be 10 feet or longer.

This member of the lily family is not really a fern, but is so called because of the needle-like "ferny" foliage. The leaves are in fact scale. The small hairless stems appear to be leaves.

The tiny white or greenish white flowers appear singly or in pairs. The spheri-



Non-native lace fern, a staple of the floral industry, is naturalized in Florida

photos by Gerri Reaves

cal fruit of about one-fourth of an inch in diameter ripens from green to dark purple or black and contains up to three seeds that are eaten and dispersed by birds.

Its rhizomes, creeping root-like stems, make this fast-grower very difficult to control. In some parts of the world - including California and Australia - it is an environmental pest.

Specific areas in Florida are treating the plant as a nuisance, even though it is not officially listed as an invasive plant



The dark fruit is eaten and dispersed by birds, adding to the plant's invasive potential

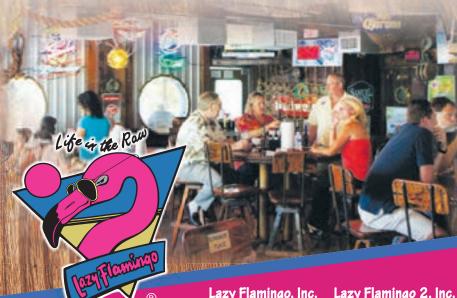
statewide. It is toxic to pets if ingested. Sources: 500 Plants of South Florida

by Julia F. Morton, freshfromflorida.com,

ifas.ufl.edu, lucidcentral.org, and watershedhealth.org.

Plant Smart explores the diverse flora of South Florida.

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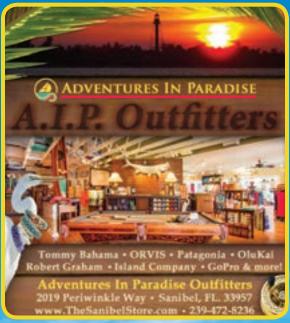


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#### SCCF Announces Sea Turtle, Snowy Plover Nesting Statistics



A rare daytime nesting loggerhead in 2013. Note: Photo was taken from a safe distance. It is against state law to disturb nesting sea turtles.

#### **Sea Turtles**

Sea Turtle Nesting Stats as of May 8, 2015: Sanibel East: 6 nests, 6 false crawls Sanibel West: 7 nests, 26 false crawls Captiva: 2 nests, 8 false crawls Total: 15 nests, 40 false crawls



**Snowy plovers** 

#### **Snowy Plovers**

SCCF staff and volunteers monitor snowy plover nesting on Sanibel. As of May 8, the nest total for snowy plovers is 10:

- 5 nests are active
- 3 nests have hatched 9 chicks, two nests still have 3 chicks and one nest has 2 chicks
  - 1 nest is gone, fate unknown
  - 1 nest was washed out

Call 472-2329 for more information. The Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.

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#### **CROW Calendar** Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 15, 11 a.m., \$5 included with admission - Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Questions are welcome.

Monday, May 18, 11 a.m., \$5 included with admission – Wildlife Rescue 101, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

Tuesday, May 19, 11 a.m., \$5 included with admission - Patient Profiles: Sea Turtles presented by CROW staff.

CROW is the only licensed sea turtle facility from Sarasota to Miami on the southwest coast of Florida. One of CROW's team members will describe why they are admitted and how the medical staff treats this species.

Wednesday, May 20, 11 a.m., \$5 included with admission - CROW Case of the Week, presented by a CROW stu-

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of con-

> Read us online at IslandSunNews.com



servation medicine and wildlife rehabilitation, and are share their favorite patient

**Thursday, May 21, 11 a.m.**, \$5 included with admission – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter will describe why they are admitted and how the medical staff treats this species.

Thursday, May 21, 2 p.m., \$20 advance registration required – Wildlife Walk with Rehabilitators and Staff.

Following the presentation, visitors will

be escorted to the rehabilitation grounds for an exclusive look at what it takes to rehabilitate more than 3,500 wildlife patients per year.

Friday, May 22 - closed.

From page 13

#### FISH Hurricane Committee

The FISH Hurricane Committee consists of FISH volunteers who met for a training session earlier this month. Volunteers were assigned households for visitation, grouped by zone. After gathering information from those households, including emergency contacts, evacuation plans and medical needs, FISH will notify

the Sanibel Police Department, Sanibel Fire & Rescue District, Community Housing & Resources, Lee County Emergency Management, Lee County Shelter and Special Needs, and out-ofstate family members of islander's plans. Should a storm approach, committee members will gather at the FISH Walk-In Center to reach out to those on the list and confirm their emergency plans.

This year, the committee started with 38 households on their list, and anticipates more will request a home visit and/or the FISH informational hurricane packet as hurricane season continues. To be included on the FISH hurricane list, or to obtain additional information about their services, contact the FISH Walk-In Center at 472-4775.☼

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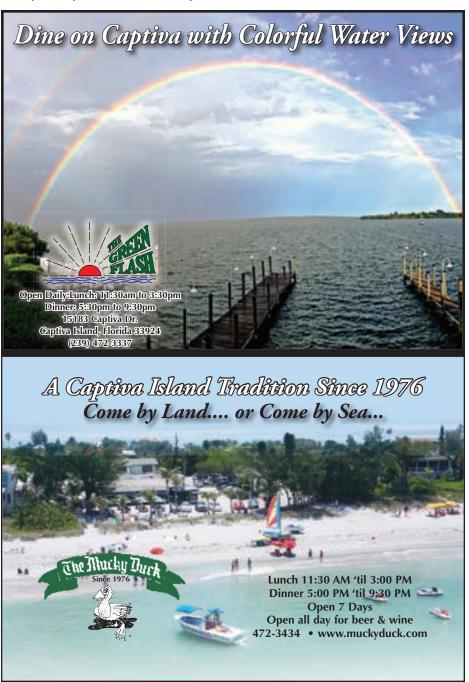
#### Seminar Prepares Residents For 2015 Hurricane Season

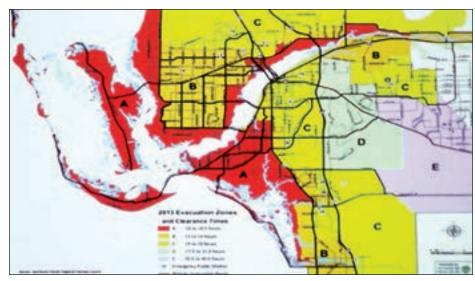


Approximately two dozen island residents, Captiva fire and Sanibel police staff and Lee County government officials attended the Captiva Hurricane Seminar, held last Thursday afternoon at South Seas Island Resort

by Jeff Lysiak

ast Thursday afternoon, more than two dozen residents attended the 2015 Captiva Hurricane Seminar, an annual information-sharing session held in the Auger Room at South Seas Island Resort. The two-hour meeting included a history of tropical storms, their impacts on the islands and how residents should





prepare for the upcoming hurricane season.

Speakers included Jim Bjostad, chief of the Lee County Emergency Operations Center; Pam Brown of the Lee County Visitor & Convention Bureau; Lance Henninger, emergency management specialist for the Sanibel Police Department; Rich Dickerson, chief of the Captiva Island Fire District; Lt. Mike Sawicki of the Lee County Sheriff's Office; and Amy Hoyt, GIS coordinator for the Lee County Emergency Operations Center.

Following introductions by Ann Bradley of the Captiva Memorial Library, Bjostad talked about dealing with the potential of hurricanes is a part of living here in Southwest Florida.

"I don't want you to be afraid of living here, I just want you to know that there are things you can do to prepare for a hurricane," said Bjostad. "I'm not going to let a hurricane dictate where I live just because a major storm hits every 250 years.





Lee County Sheriff's Officer Mike Sawicki



Pam Brown of the Lee County Visitor & Convention Bureau



Lance Henninger of the Sanibel Police Department



Captiva Fire District Chief Rich Dickerson



Jim Bjostad of the Lee County **Emergency Operations Center** 

According to The Tropical Meteorology Project, headed by Colorado State University's Dr. William Gray, a total of seven named storms and three hurricanes including one major hurricane, has been predicted for the 2015 Atlantic Hurricane Season. The average number of named storms (1971 through 2010) per year is 12, while the average number of hurricanes per year is 6.5.

In 2014, Dr. Gray's team forecasted 10 named storms (actual eight), four hurricanes (actual six) and one major hurricane (actual two). However, just because weather experts are predicting a "slow" season of tropical storm/hurricane activity does not

mean that people should be letting their guard down.

Bjostad's presentation included several photographs depicting before and after photographs taken in a number of storm-ravaged communities. They included images taken from the time of hurricanes Donna, Andrew, Charley, Katrina and Wilma.

'2004 and 2005 were really bad years for us, but we've been pretty lucky since then," he added. "But don't be lulled into a false sense of security just because they're predicting a slow hurricane season. All it takes is a storm like Andrew to ruin your

In addition, Bjostad emphasized that living on Captiva and Sanibel requires an extra layer for planning prior to a storm. "We out here are particularly vulnerable because we only have one route off the island," he said, adding two phrases to keep in mind:

- Respect The Wind
- Fear The Surge

Hoyt discussed advanced planning, evacuation zones, emergency public shelters and the technologies the county has implemented since Hurricane Charley to assist residents. This includes their website (www.leegov.com), where there are links to important phone numbers and downloads for mobile apps that may be useful during a disaster.

Recalling the evacuations which took place during Hurricane Charley in 2004, Dickerson stated that it took five days for people to be allowed back onto Sanibel, and eight days for the residents of Captiva to return.

"If we tell you to go... go," said Dickerson. "We'll stay here as long as we can, but if we're getting out of town, you should too.

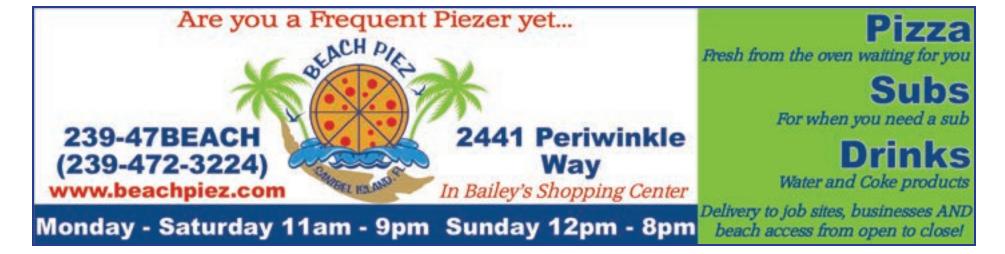
Henninger and Sawicki discussed the procedures for obtaining a Hurricane Re-Entry Pass (available at the Sanibel Police Department, 800 Dunlop Road, Monday to Friday, 9 a.m. to 4 p.m.) as well as filling out a Captiva Homeowners Authorization Letter (available at the Captiva Memorial Library, 11560 Chapin Lane, or online at www.mycaptiva.info), which grants permission for people other than a home owner to visit a property following an evacuation.

#### **Emergency Supply Checklist**

- Drinking water (one gallon per day, per person for a minimum of three days)
- Three-day supply of non-perishable food
- Manual can opener
- Medications and a list of prescription names, dosage, frequency and doctor contact information
- Cooler with an ice pack (if medications needed to be refrigerated)
- First aid kit
- Flashlight with fresh batteries (and extra batteries)
- Portable, battery-powered radio (preferably NOAA weather radio)
- Warm clothing and blankets
- Lighter/waterproof matches
- Cash and coins (ATMs and cash dispensing machines may not work due to electrical failures or no cash available)
- Personal hygiene items (i.e. hand sanitizer, toothbrush and toothpaste, denture care products, moist towelettes, toilet paper, feminine hygiene products, etc.)
- Basic tool kit (hammer, wrenches, screwdrivers, pliers, etc.)
- Whistle (to signal for help)
- Pet food, pet supplies and medical paperwork (i.e. vaccination records)

"We have no desire to keep you away from your home and your property," said Sawicki. "But our number one priority is to make sure that things are as safe as pos-

The City of Sanibel will host its annual Hurricane Preparedness Seminar on Friday, May 29 from 1 to 3 p.m. at BIG ARTS, 900 Dunlop Road. All island residents and business owners are encouraged to attend.



#### Leoma Lovegrove Wins Junonia Award

by Tom Hall

County Visitor & Convention Bureau (VCB) and the Greater Fort Muers Chamber of Commerce Inc. honored Leoma Lovegrove during the Chrysalis Awards on April 16

with its prestigious Junonia Award. The business and tourism awards luncheon and trade show is held annually at the Harborside Event Center in downtown

Fort Myers.

Created in 2006, the Junonia Award recognizes individuals who have positively impacted the local tourism community by demonstrating unique capabilities, leadership, commitment, and dedication. The Junonia is a highly treasured shell and was selected as a symbol of the VCB's annual award because of its rarity and exceptional quality. Lovegrove is known worldwide for her bold depictions of local flora and fauna. She was chosen for her tireless promotion of the destination.

In presenting the award to Lovegrove, Tamara Pigott, executive director of the VCB, described Lovegrove's contagious love of Florida that has been instrumental in encouraging tourism from around the world. "The VCB has enjoyed a long-



Leoma Lovegrove is known worldwide for her bold depictions of local flora and fauna. Her home and studio is on Matlacha.

photo courtesy of Lara Bierner

standing partnership with Leoma in promoting our destination. I have personally had the pleasure of working alongside her on many of our national and international marketing programs," said Pigott.

An arts advocate, Tom Hall guides

weekly walking tours of the River District's public art collection in Fort Myers. For more information, go to truetours.net.\\\$

#### Fun Day For Kids This Saturday

The City of Fort Myers is participating in a nationwide day of outdoor play at Centennial Park on Saturday, May 16 from 9 a.m. to 3 p.m., organized by the National Park Trust (NPT), in cooperation with a host of local and national collaborators.

There will be games, activities and food for kids of all ages including a fun run, potato sack relay race, dance contest, kids' Zumba, Chalk of the Walk, beach volleyball, street hockey, bounce houses, arts and crafts and other activities. There is no charge to attend.

#### May Is National Electrical Safety Month

ay is National Electrical Safety Month, and LCEC is joining with the Electrical Safety Foundation International (ESFI) to raise awareness about potential home electrical hazards and the importance of electrical safety.

The National Fire Protection Association (NFPA) estimates 47,700 home structure fires reported to U.S. fire departments each year involve some type of electrical failure or malfunction as a factor contributing to ignition. These fires result in 418 civilian deaths, 1,570 civilian injuries, and \$1.4 billion in direct property damage. Awareness and education are critical to reduce the incidence of electrical fires, and ESFI sponsors National Electrical Safety Month each May to educate the public in order to reduce the number of electrically related fires, fatalities, injuries and property loss.

In addition to electrical safety in the home, it is vital to use caution outdoors. When working or playing outdoors, check to make sure that items such as ladders, kites, booms, pool skimmers and antennas are clear of overhead power lines. Never touch or attempt to move a downed power line. Remember that power lines are underground as well. Before you dig, call 811 to have utility lines marked.

For more tips on electrical safety, visit www.lcec.net. For more information on National Electrical Safety Month, visit www.esfi.org.☆

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#### Philanthropic Planning Luncheon



Craig R. Folk

he Partnership for Philanthropic Planning (PPP) of Lee County will present Designated Gifts: Opportunities and Pitfalls at the Wednesday, May 27 meeting. Guest speakers, Craig R. Folk, CPA, of Miller, Helms & Folk, PA and Paul B. Seifert, vice president of development and mar-



keting at the Conservancy of Southwest Florida will address the advantages and risks of donor designated gifts. The meeting is sponsored by the Lee Memorial Health System Foundation. The meeting will be held at Blue Coyote Business & Social Club, 9854

Caloosa Yacht and Racquet Club Drive in Fort Myers from 11:30 a.m. to 1 p.m. Networking begins at 11:30 a.m., the lunch and program begin at noon. The event is free to members. Cost for non-members is \$25 and includes lunch. Reservation deadline is Monday, May 25. To RSVP, go to www.ppplee.org.

#### Regional Cancer Center Hosting National Cancer Survivors Day Event

he Regional Cancer Center, a service of Lee Memorial Health System, in collaboration with Massachusetts General Hospital, is hosting a free event in recognition of National Cancer Survivors Day, an annual, treasured Celebration of Life that is held in hundreds of communities nationwide, and around the world, on the first Sunday in

On June 7 from 11 a.m. to 1:30 p.m. at the Crowne Plaza Fort Myers (at Bell Tower Shops), 13051 Bell Tower Drive in Fort Myers, Don S. Dizon, M.D., of Massachusetts General Hospital will discuss survivorship and lead this great celebration of life, including a light lunch and music

As part of a collaborative relationship that began in 2010 between the Regional Cancer Center and Massachusetts General Hospital Cancer Center in Boston, patients in Southwest Florida now have access to the most recent advances in cancer care, including new clinical protocols and treatments and the expertise of renowned cancer researchers.



Don S. Dizon, M.D.

On National Cancer Survivors Day, thousands gather across the globe to honor cancer survivors and to show the world that life after a cancer diagnosis can be fruitful, rewarding, and even inspiring. It is a celebration for those who have survived, an inspiration for those recently diagnosed, a gathering of support for families, and an outreach to the community. For more information, visit www.ncsd.org.

Reservations are required. Call 343-9557 no later than June 1.34





#### All Florida Show At Sanibel Library



Rita McLain with The Luncheon Party

n support of a celebration of the history and culture of Florida at the Sanibel Public Library, the Sanibel Captiva Art League is currently exhibiting an All Florida Show.

Members of the league were invited to submit paintings with a Florida theme. The result is a vibrant multi-media display, with subjects including landscapes, birds, fruit, flowers as well as local archi-

The exhibit was organized by co-



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Jim Bird with Beach Path





Judith Clark with See-Worthy

chair Ann Bischoff and Rita McLain, and was hung with the assistance of vice president Jim Storer and board member Judith Clark. All are invited to view the paintings, which will be on display at the Sanibel Public Library until June 1.

Rita McLain is a co-chair of the library show, and Judith Clark and Jim Bird are both San-Cap Art League board members.☼

Send your editorial copy to: press@islandsunnews.com



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#### The Brotherhood Of The Red Nile: America Responds

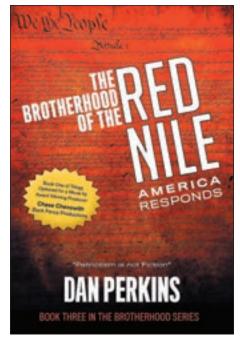


by Di Saggau

The Brotherhood of the Red Nile: America Responds, the long awaited final installment of Dan Perkins' Brotherhood trilogy, is now available. The first two

books in his series *The Brotherhood of the Red Nile: A Terrorist Perspective* and *The Brotherhood of the Red Nile: America Rebuilds* tell the story of a new terrorist group founded in Syria with the goal of attacking the United States. The books read like the headlines of tomorrow's news.

As book three begins, our government trying is to figure out how to respond to the Brotherhood having exploded two reconditioned nuclear bombs in the U.S., killing 60,000 Americans and damaging the oil and natural gas infrastructure in Texas and Louisiana. President Nathan Jordan is ruling the country by Executive Order and planning the retaliation. He



needs the help of The Pathfinders: Ted, Hadar, Megan, Omid and John. These characters will be familiar to many. He also needs the help of a former spy named Mike Ridley, who is retired and in protective custody. The president and his advisors feel that he is the key to tracking down the source of funding for the Brotherhood, that being a Russian oil billionaire named Victor Antipova, who they believe is also the source of funding for many other terrorist groups.

A call is placed to Mike with the area code of 239. He and his wife are living

on Sanibel. Mike enjoys many of the haunts we all do on island and it is fun to read about them. Perkins' attention to detail is amazing, from how a voice stress analyzer works, to a special GPS tracker and even the brand of beer in the fridge. I love the zingers he puts at the end of most paragraphs to entice the reader to keep turning the pages.

Mike agrees to help out even though his adopted son Michael is a member of the Brotherhood. He is taken aback when he learns Michael has a twin brother named Ishtar who is also a member. The president ponders whether he should strike a deal with a terrorist. As they are getting close to finding the location of the Brotherhood, the president makes a surprising decision. As in the first two books, the journey is full of twists and turns, sur-

prises and almost believable events.

Perkins wrote all three books to try and educate American about the serious challenges in fighting terrorists. Book three uses fiction to convey some significant ways to prevent a cataclysmic attack, make America strong again, protect our borders and, most of all, make us all proud to be Americans. It is available at local book stores and online. This well-researched book is a great read.

Perkins and his wife have established a foundation called Songs and Stories for Soldiers, Inc. The foundation is up and running, serving to support the active duty wounded along with the veterans in the VA medical facilities across the nation. For more information, go to www.songsandstoriesforsoldiers.us.

#### Three Large Scale Productions Showcased In Three Counties



The Mikado production from earlier this year

ulfshore Opera announced its second season with an exciting lineup comprised of three large scale productions to be showcased in Southwest Florida. The first show of the season will be a joint production with TheatreZone of the musical *Brigadoon* by Frederic Loewe, November 20 to 28. From March 18 to 22, Gulfshore Opera will be teaming up with the FGCU Chamber Choir and The Fort Myers Symphonic Mastersingers Chamber Chorus to present the magnificent *Saint Matthew's Passion* by J.S Bach in anticipation of Holy Week. Gulfshore Opera's 2015-16 season will conclude with Gaetano Donizetti's comic masterpiece *The Elixir of Love*, running April 15 to 21. All of these productions will be presented at venues in Collier, Lee and Charlotte counties. Confirmed venues include the Charlotte Performing Arts Center (CPAC) in Punta Gorda, the First Christian Church in downtown Fort Myers and the North Naples Church.

Gulfshore Opera is proud to join forces with TheatreZone to take you through the journey of two American tourists who stumble upon the mysterious Scottish village of Brigadoon, which appears for only one day every 100 years. The production will be directed by Mark Danni and choreographed by Karen Molnar. This delightful evening's highlights include hit songs like Almost Like Being in Love, Heather on the Hill and Come to Me Bend to Me, made famous by the legendary Gene Kelly.

For an once-in-a-lifetime Lent experience, Gulfshore Opera and partners will bring the Gospel of Matthew to music through Johann Sebastian Bach's sacred oratorio, Saint Matthew Passion. A grand scale undertaking never done in Southwest Florida, this performance will feature the FGCU Chamber Choir and The Fort Myers Symphonic Mastersingers Chamber Chorus, a core ensemble of eight soloists and the Gulfshore Opera Orchestra and Chorus. Traditionally performed as a concert and regarded as one of the masterpieces of classical sacred music since being triumphantly revived by Felix Mendelssohn, the Saint Matthew Passion will be presented as a Passion Play by general and artistic director Steffanie Pearce, following her successful staging of Mendelssohn's Elijah in 2013. In this dramatic re-enactment, the soloists will depict Matthew, Jesus, the disciples and women from the Bible.

To conclude the 2015-16 season, Gulfshore Opera will present its first fully staged Italian opera, Gaetano Donizetti's *The Elixir of Love.* L'elisir d'amore, Donizetti's most performed opera, is perhaps most known for the famous tenor aria, *Una furtiva lagrima*. Irish tenor Anthony Kearns will return to Southwest Florida to sing the role of Nemorino, a poor peasant in love with a beautiful landowner, Adina, and tormented by her utter indifference. This light-hearted comedy bubbles with effervescent arias and charm as the elixir causes as many problems as it solves

charm as the elixir causes as many problems as it solves.

Tickets are \$25, \$45, \$59 and \$75. The box office for 2015-16 sales will open on August 1 online at www.gulfshoreopera.org.



# GOOD NEWS. THE DOCTOR WILL SEE YOU SOON.

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DONNA TARTT

#### Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@ comcast.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

#### **Rocking Horse Waves**

by Debbie Watz

Oh

To be a little boy and be able to ride rocking horse waves

Glittering sparklers

thousands thousands

Afloat on quiet gulf waters

Playful ibis

Pretending to be ballerinas in marshmallow tutus Gracefully dance along the snowy sand

Warrior herons

Foreboding as stealth bombers protect

magnificently built sand

castles

#### Treasure chest **Beaches**

Overflowing with shells of moons, stars and ice cream

cones

To be a little boy and be able to ride rocking horse waves

Debbie Watz is a part time resident of Sanibel Island and Wake Forest North Carolina. This was written after my youngest grandson, Logan, visited Sanibel for his first time.☼

#### Top Ten Books On The Island

- 1. Cuba Straits by Randy Wayne White
- 2. The Invention of Wings by Sue Monk Kidd
- 3. Sanibel Flats by Randy Wayne
- 4. The Nazi Officer's Wife by Edith Hahn Beer
- 5. The Hypnotist's Love Story by Liane Moriarty 6. The Boys in the Boat by Daniel
- James Brown 7. The Husband's Secret by Liane
- Moriarty
- 8. The Bone Tree by Greg Iles
- 9. Clinton Cash by Peter Schweizer 10. The Shell Collector by Anthony

Courtesy of Sanibel Island Bookshop.

#### Library Book Discussion Group To Meet

eaders are invited to come in to the Sanibel Public Library to talk about Donna Tartt's The Goldfinch, the focus of the Wednesday, May 27 book discussion. The meeting is free and open to the public. The discussion begins at 2 p.m. in the library's Meeting Room 4, located on the ground floor.

In a New York Times Book Review, Stephen King writes, "The Goldfinch is a rarity that comes along perhaps half a dozen times per decade, a smartly written literary novel that connects with the heart as well as the mind... Donna Tartt has delivered an extraordinary work of fiction." The Goldfinch was awarded the Pulitzer

Prize for Fiction in 2014.

In the novel, Theo Decker, a 13-yearold New Yorker, miraculously survives an accident that kills his mother. Abandoned by his father, Theo is taken in by the family of a wealthy friend. Bewildered by his strange new home on Park Avenue, and tormented by his longing for his mother, he clings to the one thing that reminds him of her: a small, mysteriously captivating painting that ultimately draws Theo into

the underworld of art. As an adult, Theo moves between the drawing rooms of the rich and the dusty labyrinth of an antiques store where he works. He is alienated and in love - and at the center of a narrowing, ever more dangerous circle.

While it is preferable to come having previously read the book, all are welcome. The books featured for the book group discussions are available in print, on CD, as well as in downloadable format. Copies of book club books are located in the library near the Reference Desk.

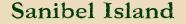
The June book selection is Liane Moriarty's bestseller, The Husband's Secret. The group will review Debra Dean's The Madonnas of Leningrad in July. If you have questions about the meetings or the library, call 472-2483 or go to www.sanlib.org.





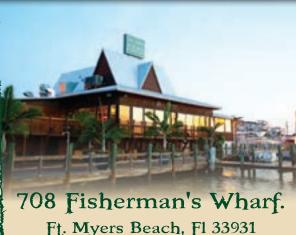








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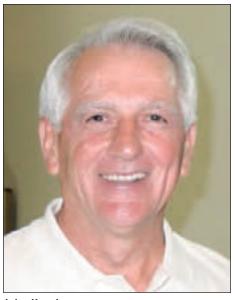
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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 15, 2015

#### Potential Cancer Treatment Receives Funding Boost



**John Kanzius** by Jim George

In 2009, Sanibel resident John Kanzius knew his time was short and he would not live to see his invention of a new, alternative cancer treatment approved as a weapon in the fight against the deadly disease. A former radio engineer and broadcast manager, he invented a device that uses radio waves to heat and destroy cancer cells targeted with nanoparticles without affecting nearby healthy cells. He died six years ago of a rare form of leukemia, with the hope that his technol-



Dr. Steven Curley

ogy would eventually become a reality that would impact the lives of millions of people in the future. His technology lived on through the efforts of his wife through the Kanzius Foundation, and his colleague and lead researcher, Dr. Steven Curley of Baylor University. Sanibel and Captiva residents were major participants in the ongoing research through funding and support in the early stages of the project. The Kanzius Foundation raised over \$15 million for research and development before dissolving last year.

Curley, meanwhile, has continued the research

The residual funds of the foundation, approximately \$1 million, were approved for distribution last week with allocations of \$250,000 to Lee Memorial Health System Foundation, \$250,000 to Baylor University and the balance to the Erie Community Foundation, Erie, Pennsylvania. Lee Memorial's share will go to the Regional Cancer Center on Colonial Boulevard in Fort Myers earmarked for human trials if the technology is approved by the FDA. Lee Memorial Health System is one of five sites that had previously been designated, due primarily to the early local support given to the project. The Kanzius Foundation board says if the Kanzius treatment cannot be conducted within five years, the funds may be distributed for can-

cer research purposes.

The Kanzius non-invasive treatment for

cancer involves two essential components; the radio frequency (RF) field generator (medical device) and nanoparticles targeted to cancer cells (medical compound). The use of radio waves, or radiofrequency ablation, works by using radio waves to heat up and kill cancer cells, which are more sensitive than normal cells to the effects of heat. To augment this effect, metallic nanoparticles are injected into or ingested by the cancer cells. This leads to more efficient killing of the cancer cells while preserving the normal surrounding tissues. The targeting of cancer cells by nanoparticles through the use of specific protein binding is expected to lead to more effective cancer therapy that enhances the potential for

cure. In addition, the targeted nature of the

treatment preserves normal tissue, and thus

the expected side effects from this treatment should be minimal or non-existent.

AkesoGenX, the company who, last year, purchased the Kanzius technology and the right to hold patents, has also just received new financial backing from an individual investor. AkesoGenX spokesman Larry Anderson said the company recently brought in a new CEO, Dr. Michael Wandell, who has extensive experience and a successful track record in FDA protocols, and a new technology officer, Dr. Patricia Ilisiu. According to lead researcher Dr. Steve Curley of Baylor University, the company has elected to do the initial trials in Naples, Italy where he has already submitted protocols for the two deadliest cancers, liver and pancreatic.

"We're hoping to get preliminary results of the Italian submittals by this summer," Curley said. Curley also said they have advised the FDA of the Italian submittal and will forward the resulting data to them. Curley added that their research has continued to expand into modifications for the Radio frequency generator and the nano particle technology that comprise the procedure. "We are hoping the Italian submittal will be approved by about the second quarter of 2016," Curley said, "and then we'll use that data for our FDA approvals."

The Italian site was selected because of the high incidence of liver cancer in that area and Curley's past association with the center. Human trials in this country cannot begin until FDA approval is received.

The Kanzius technology has captured the attention of the medical world and there is a general consensus that the technology has tremendous possibilities as an alternative treatment for cancer.

#### Galloway Captiva Triathlon Registration Under Way

Registration is under way for the 5th annual Galloway Captiva Triathlon. Registration now guarantees participants a spot in the event (which has sold out earlier every year) and saves registrants money. Proceeds from the event will benefit the Community Cooperative Ministries Inc. (CCMI) School Pantry and Emergency Food Backpack program.

The event is scheduled for Sunday, September 13 at South Seas Island Resort on Captiva and includes a quarter-mile open-water swim, 10-mile bike (on closed island roads) and 3.1-mile run along the gulf and Redfish Pass. Registration is available online at www.CaptivaTri.org. The nonrefundable cost to register is \$75 for individuals, \$85 for elite amateur athletes and \$180 for relay teams of two or three people. If the tri doesn't sell out first, registration increases June 1 to \$85, \$95 and \$200, respectively.

"It's all about staying in shape, challenging yourself and staying active," said race director Kate Gooderham. "Participants enjoy a great sense of accomplishment and at the same time, our community benefits from the donation to an important local charity."

The Captiva Tri also will host a shorter Children's Fun Tri on Saturday, September 12, also at South Seas. The race will not be timed and all finishers will earn a medal.

Children will compete in three age groups: 6-8, 9-10 and 11-13 — with the distances of each race varying. Registration is \$25.

Information and event registration for both races is available at www.CaptivaTri.org. The Galloway Family of Dealerships is the title sponsor of the event. CCMI uses the event proceeds to benefit its program that provides backpacks of food to children who otherwise may not have easily accessible meals at home.

#### Passport Saturday At Lee Clerk Of Court's Office

The Lee County Clerk of Court's Recording Office will be open on Saturday, May 23 from 9 a.m. to 3 p.m. to process passport applications. This is a special benefit for families with children since children 15 and under must apply with both parents. Also, minors

between the ages 16 and 17 must apply with at least one parent present. The special Saturday opening allows families to apply for passports in time for summer vacation without missing work or school time.

The Lee County Administration
Building is located at 2115 Second Street,
2nd Floor in Fort Myers. No appointments are necessary. Regular passport service turnaround time is approximately four
to six weeks. Expedited passport service

continued on page 2B

#### Zonta Club Announces Public Affairs Award Recipient



Casey Wexler, center, with Zontians Ellen Strobel, left, and Orlene Shimberg, coordinators of the YWPA program

he 2015 recipient of Zonta's Young Women in Public Affairs Award is Sanibel resident Casey Dillon Wexler, a Fort Myers High School senior. Wexler was honored recently at a Zonta gathering, and will attend American University in Washington DC in the fall.

Established in 1990, the YWPA award honors young women aged 16 to 19 who demonstrate a commitment to leadership in public policy, government and volunteer organizations. The program operates at several levels, and those honored at the local level compete for district/region awards and international awards. The Zonta Club of Sanibel-Captiva awards a \$250 prize and sends the chosen application to Zonta's District 11, comprising 42 clubs from North Carolina to the Caribbean.

Wexler, who attended The Sanibel School before heading to Fort Myers High

School, has maintained a weighted GPA of 5.1 in the competitive International Baccalaureate program. In addition to her academic achievements, she has been involved in many academic and sporting activities, ranging from the school's Film Club and varsity swim team to serving as the School News Director and as the Florida State Assistant Editor of the Youth-In-Government Press Corps. She qualified for a threeweek talent identification program on the campus of Duke University each summer for four years, studying subjects such as Literature, Law and Logic; Árchaeology and Anthropology; and Phylogenetic Systematics.

Concerned about the environment, she volunteered at The Sanibel Sea School while still in elementary school. Later, she joined the Model UN club at Fort Myers High, immersing herself in foreign policy concerns of nations such as India, Syria and Iran. This led to a fascination with international issues and how they affect the policies of the United States. In 2014, Wexler volunteered through Visions Service Adventures on a Blackfeet Indian reservation in Montana, where for four weeks she painted houses, helped build a wheelchair ramp and helped set up a traditional holy ceremony called an Okan.

'Casey is a young woman with an impeccable academic record, outstanding moral character, imaginative intellect, and a will to succeed," wrote Tamara H. Leake, AP teacher in Psychology and U.S. History at Fort Myers High. "The future holds great promise for Casey, and I feel confident that she will take advantage of her opportunities to shine.

Wexler has not yet chosen her college major, but it seems clear that whatever path she chooses, she will make her mark on the world. She writes of "exemplary women" in her life: her grandmother started the first women-only lobbying firm in the nation's capital and her mother broke barriers in the broadcasting business.

'I want to inspire women to get involved in public policy and help advance the cause of women's rights in our country and around the world," Wexler said.

The Zonta Club of Sanibel/Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to strengthen women's lives on the islands, in Lee County and around the world through Zonta International. Visit www.zontasancap.com for more information.

From page 1B

#### Passport Saturday

turnaround time is approximately two to three weeks.

For more information on applications, what documentation you need to bring, and fees, go to www.leeclerk.org and select Passports or call 533-5007.



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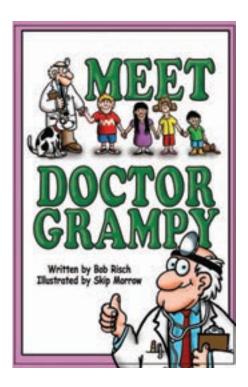


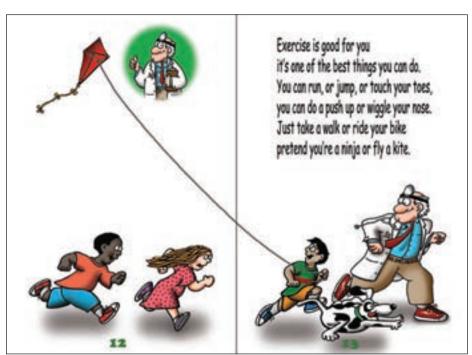
**Resort Condos Both in the Sundial East** Association which has 3 pools, these large 2 bedrm plus den condos have been remodeled & successfully perform as investment rentals. Offered fully equipped & with future rental bookings. They both have stack washer/dryer. Covered parking & exterior storeroom below, too. #O201 \$699K; #R401 \$849K

#### New Health And Safety Book

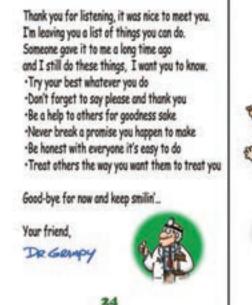
In preparation and planning for bringing a Ronald McDonald Care Mobile to Lee County, Grampy's Charities has produced an entertaining and informative health and safety awareness booklet. Written by Sanibel resident Bob Risch and illustrated by nationally known illustrator Skip Morrow, Meet Doctor Grampy is a 25-page rhyming guide to good habits intended to teach youngsters basic health and safety lessons by introducing doctors, dentists, nurses, police, teachers and others as friendly adults who can help keep them safe and

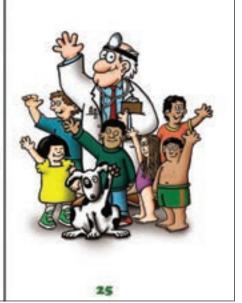
The book is available in five languages including Spanish, Creole, Mandarin and Russian. The free publication is available on board Care Mobiles in Florida and New England, Lee County's Head Start Program, Family Health Centers of Southwest Florida and the Heights Center in Harlem Heights.☆





Pages from the book that promote exercise





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Elected officials and municipal employees from throughout Southwest Florida attended an ethics seminar held at the Sanibel Recreation Center on May 1

photo by Jeff Lysiak

#### **Elected Officials Attend Ethics** Seminar

by Jeff Lysiak

n May 1, approximately 50 elected officials and municipal employees from throughout

Southwest Florida attended a continuing education seminar on ethics – sponsored by the Florida League of Cities – at the Sanibel Recreation Center.

Robert E. Lee, DPA, ICMA-CM, assistant professor in the Department of Public Affairs at Florida Gulf Coast University, conducted the all-day seminar, which included instruction on Florida's ethics laws and state constitution, public meetings and public records.

"Southwest Florida is blessed with some of the best city leaders and city managers in the country," said Lee, a former city manager who served in Florida cities including Naples, Gulfport and Lauderhill.

Attending the seminar on behalf of the City of Sanibel were the elected officials of city council – Mayor Kevin Ruane, Vice Mayor Mick Denham and Councilmen Jim Jennings, Marty Harrity and Chauncey Goss - along with City Manager Judie Zimomra, City Clerk Pamela Smith, City Attorney Ken Cuyler, Natural Resources Department Director James Evans and Recreation Department Director Andrea Miller.

Also in attendance were elected officials and municipal employees from Fort Myers, Cape Coral, Fort Myers Beach, Estero, Northport, Punta Gorda, Venice, Arcadia and Hendry County.

Ethics training for specified constitutional officers and elected municipal officials is required by Florida statute,

effective January 1 of this year. However, as Lee pointed out, what happens during open public meetings is "vastly different" than what many of his seminar attendees may have seen on C-SPAN of local government cable television. He called those broadcasts "unreality TV. To begin the session, Lee noted that

when it doubt about dealing with any issue that might arise before, during or after a government meeting, asking the advice of legal counsel is the first step.

"First and foremost, you must consult with your municipal attorney. Then, get it in writing," said Lee. "And if it isn't real clear, then ask for further clarification."

The Florida League of Cities offers free legal consultation service to any attorney who represents a municipality or elected official through the attorney.

'That's probably the single most important advice I will give you today," he added.☆

#### **ABWA New Education Grant**

he American Business Women's Association (ABWA) Sanibel-Captiva Charter Chapter is accepting applications for one outright grant for 2015 funded through the Stephen Bufton Memorial Education Fund. One grant will be awarded, each worth \$1,500, to eligible students in July/ August of 2015.

The grants are awarded to female students seeking a baccalaureate degree or higher from an accredited U.S. institution authorized to confer those degrees. Applicants must be female; U.S. citizens; and have completed a minimum of 60 credit hours towards their degree with a cumulative GPA of 3.0 or higher. Applicants must provide an official transcript, a biographical sketch and three professional letters of reference dated the same year as her grant application. The deadline for completing and submitting the online application is June 1.

The Stephen Bufton Memorial Education Fund, ABWA's National Education Fund, is one of the most highly respected grant and scholarship funds in the country. For over 60 years, ABWA has helped women achieve their business and professional goals through educational scholarships. Since its inception, more than 160,000 women nationwide have benefited by over \$17,000,000 in scholarships given through ABWA.

Eligible women interested in applying should contact Lynda Rubenstein, education chair for the Sanibel/Captiva Charter Chapter of ABWA, at lyndar83@aol.com for more information.

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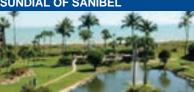
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# Team Tourism Travel Rally Draws Huge Crowd At Lakes Park



Teams hurry to finish making a bed during one of the competitions at the Travel Rally



Representing Lee County Parks & Recreation, Conservation 20/20 and the Great Calusa Blueway, from left, Phyllis Faust, Mickey Miller and Karen Bledsoe



ABC-7 Meteorologist Cody Murphy



A referee follows a competitor in the **Waiter Race** 



Representing The Inns of Sanibel, from left, Trish Atwood, Tresann Hall, Natalie Dedes, Cindy Goodrich and Peter Shiels photos by Jeff Lysiak



Spectators cheered on their favorite teams during the Bellman's Race



Representing the Greater Fort Myers Beach Area Chamber of Commerce, from left, Rhonda Murray, Katrina Salokar and Georgia Reinmuth



**Bubble Soccer game in progress** 



Representing The Beaches of Fort Myers and Sanibel, from left, Wynter Rose, Khandyce Mosely and Emily Sosa



Daisy and Rachel, Zig Zag Girls from Seminole Casino Immokalee



Vendor Pete Corradino shows off a snake to a group of youngsters



The Kiwanis Club of Sanibel-Captiva is a gold sponsor for the 7th annual 10K Race 4 FISH. Both organizations come together for the common goal of helping island children in need. The race is a main fundraiser for the non-profit that delivers human service programs to individuals of all ages for a better community.

## Kiwanis Club Sponsors 10K Race 4 FISH

he Kiwanis Club of Sanibel and Captiva Islands has become a Gold Sponsor of the 10K Race 4 FISH set for Saturday, October 17. The carefully-plotted foot race around the island is a main fundraiser to support the nonprofit, FISH of Sanibel-Captiva, Inc.

"The Kiwanis Club is delighted to partner with FISH in lending a helping hand to our island youth," said Kiwanis Club President Ed Ridlehoover.

Kiwanis uses its sizable charity budget to give local children educational opportunities through nearly \$50,000 in scholarships each year. The club administers scholarship funds for the tiniest of youth at Children's Education Center of the Islands, a non-profit preschool dedicated

to affording children an educational head

Through the Florida non-profit, Lee County Take Stock In Children the Kiwanis Club provides an \$8,500 matched contribution to a four-year full scholarship for qualified youth with a Sanibel-Captiva connection. The club also gives \$31,000 in direct scholarships annually to youth with an island connection, for post-secondary education.

Kiwanis Club members have been dedicated to providing deserving low-income youth an opportunity to escape the cycle of poverty through education for many years.

"The money we raise and spend stays on the islands, primarily helping youth, said Ridlehoover. "It is important to us, Kiwanis members, that we be good neighbors in our community.'

Neighbors helping neighbors is the foundation upon which FISH was built nearly three decades ago. Its array of human service programs are centered

around socialization, nutrition and emergency assistance.

The year-round backpack program provides children in kindergarten through eighth grade at The Sanibel School, as well as pre-kindergarteners in three other local educational facilities, with nutritious weekend meals. In 2014, FISH helped 192 youth through programming such as the backpack program, family emergency financial assistance, lunches and scholar-

"Young people are our future. We must lend a hand to those who are at a disadvantage and build better communities," added Ridlehoover. "We are very appreciative of the support we receive from Kiwanis Club members, who also care about our future generation.

The Kiwanis Club of Sanibel-Captiva has nearly 100 members, who are also dedicated members of the community, where they serve on several boards and volunteer for several other organizations. Kiwanis provides an opportunity to give

back to the community, but the members have a lot of fun in the process.

They meet over a delicious breakfast on Tuesday mornings at The Dunes Golf & Tennis Club.

The 10K Race 4 FISH committee has started planning for the 7th annual race that draws hundreds of runners and spectators from around the islands and across the causeway. Sponsorship slots remain open - Gold, Silver, Bronze or Friend.

For Gold to Bronze sponsorships, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as on all banners and printed 10K materials. Friend sponsors will be included in all banners and printed 10K materials.

Anyone intersted in becoming a 10K Race 4 FISH sponsor should contact Nancy and Pete Bender at benderlaw@ juno.com or 472-5220. The deadline is September 15.

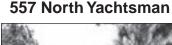
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## Twins Are An Early-Season Surprise; Red Sox A Disappointment

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by Ed Frank

If you looked at the American League baseball standings at the beginning of this week, they were sure not what you expected six weeks ago when the Boston Red Sox and the Minnesota Twins left here at the conclusion of Spring Training.

The re-tooled Red Sox, a team that had spent more than \$200 million in the off-season free agency market, was favored to compete atop the league. And the experts figured the Twins would once again be mired in last-place, particularly after their prized off-season acquisition, pitcher Ervin Santana, was suspended for half the season for failing a drug test.

Baseball is a long 162-game grind, but on Monday, with about 20 percent of the season completed, the Twins, having won eight of their last 10 games, were 18-14 and just 2-1/2 games behind first-place Kansas City in the American League Central Division. And they owned the best home record in the league at 12-5.

Boston, meanwhile, was near the bottom of the AL East with a sub-.500 record of 14-17.

The Twins early-season spurt has dumbfounded many as it is a team lacking star power in both hitting and pitching. In fact, there are just two Minnesota players in any of the league-leading categories. Closer Glen Perkins is perfect with 11 saves in 11 opportunities, and infielder Brain Dozier is second in the league with 25 runs scored.

The Twins lineup is essentially the same as a year ago with the exception of 39-year-old Torri Hunter, who returned to the team where he began his illustrious career. He has provided a welcomed spark, hitting .287 as the week began. However, in the seven games prior to Monday, he blasted three home runs and hit .379.

The lack of plus-300 hitters has not curtailed the scoring of runs by this team. They rank near the top of Major League baseball in runs scored as they did last season despite losing 92 games. They are not winning games with home runs but rather stringing together hits.

Last weekend against Cleveland, where the Twins won two of three games, they garnered 13 hits on Friday and 16 on Saturday and have scored season-high 13 runs twice this month.

It's far too early to call the 2015 season a success, but rookie Manager Paul Molitor has obviously brought a positive influence to this team – a team that blundered through four consecutive seasons, losing more than 90 games.



Minnesota has counted on their prized two top prospects, Miquel Sano and Byron Buxton, to propel the Twins back to winning baseball. Both, however, started slowly this year at Double A Chattanooga.

But their bats have come alive in the last couple of weeks. Buxton was named Southern League Player of the Week for April 27 to May 3. During those seven games, the young outfielder raised his batting average from .190 to .287 during which time he collected multiple hits five times, belted four triples, stole five bases and scored 11 runs.

And, Sano in the last 14 games through Sunday, .314 and improved his season batting average from .188 to .214.

As for the Red Sox, there is plenty of time to get back into contention. Starting pitching has been their downfall. Veteran Clay Buchholz won his first game last Sunday since opening day.

Boston demoted several players, fired pitching coach Juan Nieves and hired Carl Willis in his place. Willis was brought in from Triple A Columbus.

We know that 32 games don't make a season, but they sure have been encouraging for the Twins and discouraging for the Red Sox.

#### Miracle Improve Season Record

The Fort Myers Miracle baseball team won four straight games last week to improve their season record to 14-16. They started the week six games out of first place in the Florida State League South Division.

The Miracle hosted Dunedin four games this week, Monday through Thursday, losing the first game 5-2. The team is on the road this weekend.

#### **Everblades Season Ends**

The season ended Monday night for the Florida Everblades when they were eliminated by South Carolina in the East Division Finals of the Kelly Cup playoffs.

After losing the first two games in the best-of-seven series, the Everblades forced a Game Six by winning two of three games last week on the road.

#### **SPORTS OUIZ**

- 1. Who was the last Red Sox left-handed pitcher before Jon Lester in 2014 to have 12 strikeouts and no walks in a game?
- In 1970, the New York Yankees had one 20-game winner, which was the only time this pitcher won 20 games during his 11-year career. Name him.
- 3. When was the last time before 2013 that Rice's football team won an outright conference title?
- 4. In 2014, Paul Pierce became the sixth player in NBA history to tally 1,000 points in 15 consecutive seasons. Name four of the first five.
- 5. St. Louis' Jay Bouwmeester played in 737 consecutive NHL games before being sidelined in 2014. Who holds the NHL record for most consecutive games?
- 6. Team Penske drivers have won 15 Indianapolis 500 races. Who was the first of the 15 to do it?
- 7. As of the 2015 Australian Open, how many Grand Slam singles titles have the Williams sisters won?

#### **ANSWERS**

Abdul-Jabbar (19 seasons), Karl Malone (18), John Havlicek (16), Elvin Hayes (15)and Robert Parish (15). 5. Doug Jarvis, with 964. 6. Mark Donohue, in 1972. 7. Twenty-six: Serena Williams has won 19, and Venus Williams has won seven.



## Register Now For Summer Day Camp, Receive Early Bird Rate

he Sanibel Recreation Department Summer Day Camp is a traditional 11-week day camp, which will run from Monday, June 8 through Friday, August 21. The camp is offered to children entering grades first through eighth and will operate Monday through Friday from 8 a.m. to 5 p.m.

Campers will participate in activities such as swimming, arts and crafts and athletics, as well as, a variety of games. Special guests, along with an enhanced field trip itinerary, will also be a part of the action.

As part of the registration fee, breakfast and lunch will be provided daily as well as an all-inclusive weekly field trip itinerary. Campers should bring swimsuit, towel and sunscreen daily. Register in advance and receive the Early Bird rate:

**Early Bird Rate** After Early Bird Rate Week 1 June 8 to 12 Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by June 1) (registration on or after June 2) Week 2

June 15 to 19 Member: \$89.25 Member: \$107.25 Non-Member: \$138.75 Non-Member \$115.50 (registration by June 8) (registration on or after June 9) Week 3

June 22 to 26

July 6 to 10

Week 7 July 20 to 24

Week 8 July 27 to 31 Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by June 15) (registration on or after June 16)

Week 4 June 29 to July 3 Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by June 22) (registration on or after June 23) Week 5

> Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by June 29) (registration on or after June 30)

Week 6 July 13 to 17 Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by July 6) (registration on or after July 7)

Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75 (registration by July 13) (registration on or after July 14)

Member: \$89.25 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75

(registration by July 20) (registration on or after July 21) Week 9 August 3 to 7 Member: \$89.25 Member: \$107.25

Non-Member \$115.50 Non-Member: \$138.75 (registration by July 27) (registration on or after July 28)

Week 10 Member: \$89.25 August 10 to 14 Member: \$107.25 Non-Member \$115.50 Non-Member: \$138.75

(registration by August 3) (registration on or after August 4) Week 11

August 17 to 21 Member: \$89.25 Member: \$107.25 Non-Member: \$138.75 Non-Member \$115.50

(registration by August 10) (registration on or after August 11) Financial assistance is also available to qualifying families. For more information, call

the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.

Share your community news with us. Call 395-1213, Fax: 395-2299 or email press@islandsunnews.com

## May Half Day Fun Days At Sanibel Recreation Center

negister your child now for the upcoming Half Day Fun Days on Wednesday, June 3, Thursday, June 4 and Friday, June 5 at the Sanibel Recreation Center.

The Half Day Fun Days will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in kindergarten through eighth grade. The Half Day Fun Day program operates from noon to 5:30 p.m. Each child needs to bring a swimsuit and towel. Light snacks will be provided.

This new option is now available to families seeking child care on school half days; however, these days are included at no charge for children currently enrolled in the After School Program. Register in advance and receive the "Early Bird" rate:

**Half Day Fun Days** 

Wednesday, June 3 Member: \$21 Non-Member \$27.50 (registration by May 27)

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Thursday, June 4

Member: \$21 Non-Member \$27.50

(registration by May 28)

Member: \$25.50 Non-Member: \$33 (registration on or after May 29)

Friday, June 5

Member: \$21 Non-Member \$27.50

(registration by May 29)

Member: \$25.50 Non-Member: \$33 (registration on or after May 30)

Youth Summer Day Camp begins on Monday, June 8. Register in advance and receive the "Early Bird" rate. For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.☆



## Company Celebrates Fifth Anniversary By Giving Back



From left, Justin, Lisa, Bob and Jeremy Walsh

In The Garden – Sanibel's Retail Garden Center & Outdoor Showroom is celebrating five years in business by giving back to five Sanibel and Captiva charities. Through the month of April, In The Garden pledged to donate \$5 for every "Like" their Facebook page received. A total of 354 individuals liked the page and In The Garden will split the \$1,770 donation between the Captiva Island Historical Society, the Clinic for the Rehabilitation of Wildlife (CROW), Children's Education Center of the Islands, FISH of Sanibel-Captiva and the Sanibel Historical Museum and Village.

"Island residents and businesses have embraced and supported In The Garden for five years and we are showing our appreciation by giving back to charities that are the backbone of our island community," said Robert Walsh, president of R.S. Walsh Landscaping and owner of In The Garden.

In The Garden is located at 3889 Sanibel Captiva Road, across from The Sanibel School. For more information, call 395-5859 or visit www.rswalsh.com.



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ADO

## Rotary Happenings

submitted by Shirley Jewell

Rotary
International
President Gary
CK Huang urged the
humanitarian organization's 1.2 million
members worldwide
to assist the victims



of the April 25 earthquake disaster in Nepal in any way possible, including contributions to ShelterBox. ShelterBox is the international disaster response charity that is Rotary's project partner for disaster relief, delivering emergency shelter, warmth, and dignity to people made homeless by disasters worldwide. At the ready are a large number of ShelterBoxes for responses instantly to these types of disasters but depletion of stockpiled boxes goes quickly and financial contributions are needed to prepare additional boxes for large disasters such as Nepal. ShelterBoxes contain a tent to sleep 10 people, 10 sleeping bags or blankets, water purification equipment, pots, pans, knives forks and spoons, mosquito netting, ponchos, tools to rebuild their living quarters, cooking stove, and activity kits for young chil-

Sanibel-Captiva Rotarians, Roger Thrifthauser and Bill Rahe, immediate put into action a request via e-mail to club members to be ready to respond to this appeal with financial support for the purchasing of ShelterBox units slated for Nepal at last Friday's meeting. Some of our snowbird Rotarians and others that would not be attending that meeting responded immediately with pledges amounting to \$1,550, and the meeting brought additional contributions of \$1,108. This \$2,658 was then rounded up to \$3,000 by The Sanibel Captiva Trust Company, funds in addition to \$1,000 already slated by the Trust Fund budget for ShelterBox. This \$4,000 will enable the Sanibel-Captiva Rotary to purchase ShelterBox units for Nepal.

Rotary is an amazing humanitarian organization and Rotarians, when challenged to make a difference in this world, contribute hours of volunteer time, whether directly with boots on the ground



Dr. Garv Goforth

or fundraising for projects that need financial help. They step up and make a difference.

Another perfect example of this is our Rotary District #6960 support of CART-Coins for Alzheimer Research Trust. Our Friday morning speaker last week was Rotarian Dr. Gary Goforth, founding program director of the Florida State University College of Medicine Family Medicine Residency Program at Lee Memorial Health System. Goforth made a visit to our club to bring attention to Rotary's CART Fund. The CART Fund is dedicated to raising funds to provide seed money for cutting edge, high impact research in hopes of finding a cure/prevention for Alzheimer's disease. The goal of the fund is to encourage exploratory and developmental AD research projects within the United States.

Goforth's PowerPoint slide show described Alzheimer's as: "Alzheimer's destroys brain cells. There are 100 billion nerve cells, or neurons, creating a branding network. Signals traveling through the neurons forest, form memories, thoughts, and feelings. Alzheimer's destroys neurons, thus also destroying memories, thoughts, impulse control, personality, etc. Alzheimer is a brain failure." As our population ages, the need for more information about Alzheimer's disease is imperative and the fact is, that the typical research being done is not

continued on page  $11\mathrm{B}$ 



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## Rotary Happenings

coming up with answers for us. CART supports cutting edge research. Not yet a Rotary International project, but being supported by a number of Rotary Districts across the United States, CART has awarded over \$4,500,000, since beginning in 1995 to accredited Alzheimer's researchers.

CART uses a novel fundraising program. Rotarians are encouraged to voluntarily empty their pockets and purses of change, or whatever amount they choose in the blue CART buckets available on the tables whenever they attend a Rotary meeting. They also welcome contributions of currency, checks or credit cards. Sanibel-Captiva Rotary Trust Foundation has budgeted \$1,000 for CART this year.

The Sanibel-Captiva Rotary Club meets at 7 a.m. every Friday at The Dunes Golf and Tennis Club, 949 Sand Castle Road. If you have any questions regarding Rotary, e-mail President Scot Congress at scot@scongress.com.



Bruce Cochrane, Debi Almeida, Roger Grogman, Kurt Peters, Toby Clark, Tom Krekel, George Veillette Jim Graham, Les Forney, Steve Shimburg, Cliff Nolan and Dick Travis

#### Lions Club Installs Officers

The Sanibel-Captiva Lions Club held its annual installation dinner on May 5 at The Dunes Golf & Tennis Club. The 2015-16 officers and directors are: President Kurt Peters, First Vice-president Debi Almeida, Second Vice-president Toby Clark, Third Vice-president Roger Grogman, Secretary Steve Shimburg, Treasurer Les Forney, Tail Twister Dick Travas, Lion Tamer Cliff Nolan, Past President Bruce Cochrane, Director Jim Graham, Director Tom Krekel, Director George Podlin, Director Bill Sadd.

## Republican Women Luncheon

That we accomplished and what we didn't accomplish" is the theme of Florida Senator Bill Galvano's presentation to the monthly Fort Myers Republican Women's luncheon on Tuesday, May 19. The Senate Majority Leader represents the 26th District. He will discuss legislation passed and not passed in the 2015 legislative session. A question-and-answer session will be held following his formal presentation.

The public is invited to attend the luncheon and the program being held at The Helm Club, The Landings, in South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. The luncheon cost is \$18. Reservations are required by Thursday, May 14 and may be made by contacting Tina Laurie at 489-4701.

For more information about the club, contact the president, Carole Green, at 850-590-2206.

Email your editorial copy to: press@islandsunnews.com

## New Associate At Trust Company

The Sanibel Captiva Trust Company has expanded its investment management team with the addition of Joel Johnson as an investment technology associate. In his new position, Johnson will support the investment team in the areas of trading portfolio



Tampa Bay, Sanibel-Captiva and Naples markets.

Prior to joining the firm, Johnson

worked as a personal banker at Fifth Third Bancorp, where he was responsible for customer account maintenance, customer relations and sales.

He is a graduate of Florida Gulf Coast University and was awarded a financial analyst internship with TerraCap Management in Bonita Springs followed by an investment associate internship at Moors and Cabot Investments in Naples. Johnson is also a candidate for the Chartered Financial Analyst Program (CFA).

"We are proud to have such a bright and capable young professional, as well as Florida Gulf Coast University graduate, join the team," said Albert Hanser, founder and chairman. "Joel's technological expertise is a vital value-add to our clients"

Johnson's office will be located at The Sanibel Captiva Trust Company on Sanibel.



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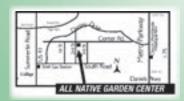


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## Culligan City Of Palms Classic Unveils New Logo



Darius Allen of the Florida Air Academy Falcons (Melbourne, Florida) drives the lane against the St. Francis Knights (Alpharetta, Georgia) during action in 2014

asketball enthusiasts around the nation are already looking forward to the Culligan City of Palms Classic with great anticipation, and they can now see the down-to-the-minute countdown at a new website for the nation's number-

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**ENGEL & VÖLKERS** 

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one high school basketball tournament, cityofpalmsclassic.com. A sleek, modern logo has been unveiled to position the 43-year-old institution for the next halfcentury of thrilling athletics, camaraderie and celebration of the competitive spirit. The Culligan City of Palms Classic has also launched a new eNewsletter filled with valuable information and updates.

Executive Director John Naylor, now in his second year, has spearheaded the improvements in response to an extensive survey of the tournament's vast base of supporters. The survey provided feedback that will help the tournament continue to deliver the best high school basketball experience in the world, and exceed expectations as the tournament steadily grows.

At press time, the online clock shows 222 days and counting until tournament time, but it's not too early to get in on the excitement of this not-for-profit tournament featuring the top-ranked players and teams. The dynamic new website provides easy navigation for visitor information, ticket sales (available starting October 1), schedule, team information, history, sponsors and sponsorship opportunities, eNewsletter signup, a tournament bracket, scores and stats, information on how to lend financial support as a Friend of the Classic, and much more.

Culligan returns for its third year as Title Sponsor, and Enterprise Rent-A-Car is Presenting Sponsor for the second year. Official apparel and game ball provider, Nike, has given the Culligan City of Palms Classic its blessing to integrate its iconic "swoosh" into the tournament's elegant new logo.

The Culligan City of Palms Classic runs December 18 through 23 at the beautiful 2,300-seat gymnasium at Bishop Verot Catholic High School, a 21-year partner for the tournament. No fees are col-

lected from players and teams, and Classic Basketball Inc., a 501(c)3 not-for-profit corporation that acts as a foundation for the tournament, covers all expenses for the players. For many of the players, the tournament represents their first opportunity to travel outside their own city.

More than 530 Culligan City of Palms players have advanced to NCAA Division I competition, with more than 60 advancing to play professionally in the NBA. Hundreds of coaches and scouts at every level use this venue for recruiting.

For more information or to sign up for the eNewsletter, visit cityofpalmsclassic.com.

Email your editorial copy to: press@islandsunnews.com







Jaylen Brown of the Wheeler Wildcats (Marietta, Georgia) takes flight

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## Where Did All The Time Go?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

I'm writing this column from my hotel room outside Boston where I've just moved my oldest daughter Gabi out of her Brandeis University dormitory room as her spring semester just ended. I've worked my tail off, helping her pack up her clothes, books, bedding and school supplies which will be stored over the summer until she returns here next fall.

Being on a college campus brings back a lot of memories. Except I don't remember my back hurting as much when I did all of this for myself several decades ago as a college student!

Everyone tells you that your kids grow up quickly and to enjoy them while they're young. It seems like yesterday I was bouncing Gabi on my knee. I turn around and she's halfway done with her undergraduate education, completing her sophomore year already. She won't be home this summer either; instead she scored an internship in New York City.

My middle daughter Courtney starts at the University of Florida this August as well. This fall looks challenging, getting everyone where they're supposed to be at the same time.

As an estate-planning attorney, I'm always dealing with my clients' inter-generational planning issues. The older I get, the more I realize how quickly life goes by. In years past, for example, I shook my head when a client would hand me their will that named guardians for their children, when those children are now over 40 years old. The wills sat in a safety deposit box for years and years, gathering dust, becoming irrelevant.

How did they let their documents get so out of date? But now, I realize that 20 or 30 years goes by in an instant.

It's still important to keep your legal documents up to date. This not only includes your will or revocable living trust, but also important ancillary documents such as your durable power of attorney, health care surrogate and living will. The Florida durable power of attorney statute was amended three years ago, for example. If you are a Florida resident and haven't updated it in the last few years, it's probably time to do so.

The same holds true with your will and revocable living trust. The trust and tax laws have changed dramatically in the last few years. Likewise, if your legal documents were drafted in another state, but you are now a Florida resident, it's probably time to review those documents as well.

Your health care surrogate names someone to make health care decisions for you in case you aren't able to do so yourself. Are the individuals that you have named in that document still the ones that you wish to make these decisions? Is their contact information that is listed on the document still accurate?

How about your living will? This is the document where you indicate whether you continued on page 21B

**Superior Interiors** 

## First Impressions Always Count



by Jeanie Tinch

There is one single room in your home that is guaranteed to make a first and lasting impression. Any idea which room that might be? Why, it's your foyer, of course.

This special, keynote area should definitely say "Welcome" to family and friends. It should reflect your personality and help to introduce your guests to the mood and style of your home. So, how can you achieve so much in what is usually such a small space?

Often, space limitation actually allows your ingenuity and imagination to soar. And since one seldom lingers in your foyer, why not try some way-out design ideas incorporating unusual objects? Even a striking color scheme could be the perfect solution for your entryway.

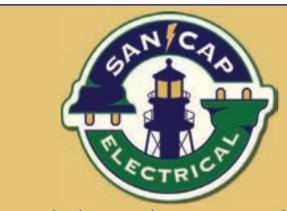
Because foyers come in countless shapes and sizes, you will need to pay attention to maximizing your specific entry. If it's rather small, then I suggest you make this space as interesting as possible – perhaps with a dramatic display of artwork or wall covering. If it's rather large, you might want to consider creating a space with more warmth, perhaps by incorporating a neutral color scheme.

Because these spaces are generally high traffic areas, floors should be durable and easy to maintain. Good lighting is also an important consideration for your guests. A center chandelier is usually sufficient in a small foyer, with care being taken that your chandelier isn't hung so low that it brushes the heads of your taller guests. Attractive wall sconces and perhaps flanking a mirror will also provide sufficient light in a smaller space.

In larger foyers, consider the addition of one unique and inspired piece of furniture to set your "stage." The addition of matching candlestick lamps would provide you with the perfect amount of welcoming ambiance.

Put your best decorating foot forward and make your entrance a grand one.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.



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## **ISLAND FARE**

#### Dine Your Way Around Sanibel And Captiva With Anne Mitchell

For more information, check out our advertisers in this week's Island Sun

#### **RESTAURANTS**

The variety of dining options on Sanibel and Captiva just keeps getting better. For their size, the islands offer an extensive culinary array - all making the most of the area's fresh and abundant seafood and local produce. You'll find everything from burgers to barbecue, bistro style, Italian, Mexican, American, classic deli fare, organic, vegan, gluten-free, café food and Caribbean.

In this column, each week you will be able to stay updated on our local dining establishments and what they're offering and get the scoop on the island dining scene, whether it's fine or casual, take-out or frozen

#### AMONG THE FLOWERS CAFE

Among the Flowers Cafe features local and organic vegetarian/vegan fare. Some of the featured items are fresh pressed juices and smoothies, fresh organic coffee and an espresso drink bar, fresh housemade nut milks, raw protein gems and chocolates, organic egg sandwiches and salads, Queenie's local ice cream, local beers and organic/sustainably farmed wines, gluten free bakery with custom layered cakes and complete party catering. You'll also find original art with uplifting messages as well as salt lamps, sage wands, handmade jewelry, T-shirts and gift-baskets.

Open 7 days a week for breakfast, lunch and early dinner until 6 p.m. Call-ahead for to-go orders, or sit outside under a covered deck.

#### **BAILEY'S GENERAL STORE**

Bailey's General Store has a full deli, bakery, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland.

The bakery has freshly made donuts, scones and breads. The deli offers a variety of hot foods for breakfast, lunch and dinner, as well as catering services for special events. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket.

The Coffee Bar at Bailey's serves espresso based drinks, hot chocolate, smoothies and specialty coffees.

#### **BEACH PIEZ**

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday 12 p.m. to 8 p.m. With fresh ingredients, mouth watering mozzarella, "secret recipe" dough and homemade pizza sauce, Beach Piez will deliver the best pizza the island has to offer. Stop in for the slice

#### **BENNETT'S FRESH ROAST**

Bennett's Fresh Roast at 1020 Periwinkle Way prides itself on its fresh-from-scratch doughnuts made daily and being the only Southwest Florida doughnut shop offering fresh roasted coffee from the finest beans. They also offer fresh desserts including praline bread pudding and lemon bars, packaged whole bean or ground coffees, breakfast muffins, oatmeal, breakfast sandwiches, strata (a layered baked breakfast dish) and a large variety of Harney & Sons Fine Teas. Lunch offerings including paninis, soups, sandwiches, signature salads and Bennett's Chicken & Donut, Donut Dog and a Lobster Roll are available Monday through Sunday from 11 a.m. to 2 p.m.



Dristin Callahan and Dayna Mazzullo at The Island Cow

#### **BLUE GIRAFFE**

Blue Giraffe serves breakfast, lunch and dinner from 10 a.m. to 9 p.m. This restaurant offers casual island dining seven days a week from a menu featuring fresh local seafood, chowders, salads and steaks. Besides dessert choices, you can get hand-dipped Edy's Grand Ice Cream.

Dine outside on the boardwalk or inside at handpainted tables decorated by a local artist, or sit at the full liquor bar for a mixed drink, glass of wine or cold

#### **CIP'S PLACE**

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. Jimmy always made time for a good conversation, good company and great food. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key."

Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos.

Choose between the outdoor garden patio or front porch. Indoor seating and full bar are also available. Hours are 11:30 a.m. to 9:30 p.m. daily with happy hour from 4 to 6 p.m.

#### CHIP'S SANIBEL STEAKHOUSE

Chip's Sanibel Steakhouse has many great options for locals and tourists alike. It is open seven nights a week with daily happy hour from 5 to 6 p.m., featuring two-for-one drinks and \$4.95 appetizers. For early diners, there's a three-course prix fixe menu for \$35 including a cocktail. In addition to an updated

wine list, seasonal house-infused liquors such as strawberry-jalapeño tequila, blood orange vodka and cucumber gin are available.

The menu features steaks and seafood, including a six-ounce filet mignon topped with jumbo lump crabmeat finished with Hollandaise and served with of asparagus and choice of potato; Parmesan-crusted seabass served with mushroom risotto and finished with a creamy dill sauce. Save room for dessert though, because whether you are a chocolate lover or Key lime pie fan, Chip's has something for every sweet tooth.

#### **CROW'S NEST** AT 'TWEEN WATERS INN

The Crow's Nest at 'Tween Waters Inn is a more casual place than its sister the Old Captiva House. It's home to the famed Captiva Crab Races on Mondays and Thursdays and is a popular venue for live entertainment on Fridays and Saturdays.

There is a nightly happy hour.

#### **DOC FORD'S RUM BAR & GRILLE**

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

In addition to its Sanibel restaurant, Doc Ford's has a Captiva location in Chadwick's Square.

It's a well known gathering place and tropical theme sports bar with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich. The fish tacos are an island favorite and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

#### THE DUNES RESTAURANT

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular the Shrimp Po' Boy.

Featured monthly events include Trivia Night,

Corks & Canvas, Comedy Night, dinner, dancing and

live entertainment, and bridge. There is a Friday a la carte dinner menu with featured selections each week such as fish fry, prime rib, seafood and pasta nights.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m.

#### **GRAMMA DOT'S**

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only Seaside Saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required.

If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

#### **GREAT WHITE GRILL**

The Great White Grill is a sports bar featuring 29 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery too. The Great White carries the TV Baseball package and the NFL package for sports enthusiasts and has arcade games for kids of all ages.

The regular menu includes hand-cast fresh dough pizza, wings, fries, chicken fingers, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

#### **GREEN FLASH**

The Green Flash has marvelous waterfront views of Captiva's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway.

Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

#### **GREENHOUSE GRILL**

The Greenhouse Grill has happy hour daily that includes \$2 off house wine, \$1 off draft beer and half price special of the day appetizer from 4 to 6 p.m. There are vegan and gluten free options available. Fresh, local, seasonal ingredients are used to flavor steaks, seafood, pasta, salads and burgers. The signature Bouillabaisse is a seafood lover's delight with fresh shrimp, mussels, clams, scallops, grouper and calamari. Homemade lemonade and green tea with pomegranate are a favorite among guests. Grand finales include Chocolate Fondant, Tiramisu, Crème Brule, Cannoli and other delectables. Pet-friendly patio seating available.

The Greenhouse Grill is open daily from 10:30 a.m. to 9 p.m. Reservations are appreciated and carry out orders are welcome.

#### IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines.

Il Tesoro (The Treasure) serves dinner seven nights a week from 5 to 10 p.m.

#### **ISLAND COW**

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu.

Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 10 p.m.

#### **JACARANDA**

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends.

The patio lounge menu includes a selection of "happy apps" for \$5.95 and half price drinks during happy hour, 5 to 7 p.m.

Dinner reservations are suggested.

#### JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out.

The restaurant is open for breakfast, lunch and dinner from 6 a.m. to 8:30 p.m.

#### LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations: one at 1036 Periwinkle Way, the other – the original – at 6520 Pine Avenue, near Blind Pass. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken.

The Flamingo Bread and the Caesar Salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

#### LIGHTHOUSE CAFE

Sanibel's popular breakfast and lunch restaurant on the east end also serves dinner from December 15 until the end of April. Owner Mike Billheimer, Sanibel native and member of a family operating one of Sanibel's first restaurants back in the 1950s, took over this legendary cafe in 1988 and has been mentioned in *Gourmet, Bon Appetit, Country Living, Southern Living* magazines for their outstanding food quality and service. Try one of the selections of eggs Benedict, homemade wholewheat granola hotcakes or one of the three-egg omelets.

The French toast is made with a rich custard batter and real French bread. Breakfast is served until 3 p.m. The most popular lunch item is the fresh, local grouper sandwich served crunchy fried, chargrilled, blackened, sautéed or broiled. Open 7 days. Call ahead seating for breakfast and lunch, and reservations accepted for dinner.

#### MATZALUNA ITALIAN KITCHEN

In the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big selection including over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available.

Matzaluna has craft beers on tap. On Wine Wednesdays, every bottle priced \$25 and over will be discounted by \$8 all evening. Hours are 4:30 to 9:30 p.m. daily and happy hour is from 4:30 to 6:30 p.m.

#### **MUCKY DUCK**

The Mucky Duck may well be the most famous restaurant on Captiva due to its longevity and quirky name. Then there's the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – sipping cocktails and beverages until they can take their seats. Reservations are not accepted.

The Duck is open for lunch and dinner, serving fresh seafood, pub-style food, sandwiches, steaks and other items.

#### OLD CAPTIVA HOUSE AT 'TWEEN WATERS INN

Old Captiva House at 'Tween Waters Inn, Captiva, offers romantic sunset dining in an historic setting with live piano music. Executive Chef Jason Miller prepares New Florida island favorites, tropical seafoods, classic meats and daily fresh-baked breads and pastries, served with an extensive selection of wines, liquors and coffees.

First built as a one-room school for children of Captiva's pioneer settlers, the Old Captiva House still reflects much of its original charm – from white French doors to hardwood floors to the Gulf of Mexico sunset that streams through the western windows. Its collection of famed cartoonist JN "Ding" Darling's 1930s whimsical vacation illustrations has led to its designation as a landmark in Southwest Florida.

#### OVER EASY CAFE

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different Eggs Benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available.

Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

#### PECKING ORDER

The Pecking Order, features tender, juicy, broasted fried chicken and the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating and holds in the juices without allowing the fat to penetrate.

Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, red mashed and gravy, fried pickles and veggie chili. Try the Black Betty, a warm, dark chocolate cupcake filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners sugar.

Take out and outdoor dining available. .

#### **POCOLOCO**

Need a pick-me-up? Looking for some downtime? Either way, your best bet is PocoLoco on the tropical courtyard at Jerry's Center. Indoors or out you will savor gourmet coffee, tea, signature sandwiches, pastries, or a cone of the region's most popular ice cream, Love Boat. PocoLoco is the Sanibel source for this ice cream and always features a couple dozen delicious favors. Stop by, sit in the sunshine and chatter with six cheerful parrots for a unique and memorable experience.

#### RC OTTER'S, CANTINA CAPTIVA, SUNSHINE SEAFOOD, KEYLIME BISTRO AND CAPTIVA PIZZA, YOGURT & GIFTS

Five Captiva eateries under the same ownership – RC Otter's, Cantina Captiva, Sunshine Seafood, Keylime Bistro and Captiva Pizza, Yogurt & Gifts – offer a fun and casual dining experience with a tropical flair reminiscent of Key West.

RC Otter's and Keylime Bistro have live music outdoors most of the day. Cantina Captiva serves Mexican food. Sunshine Seafood Cafe Wine Bar specializes in fine dining with a very respectable wine list. You have your choice of dining inside or outdoors.

#### **ROSIE'S CAFÉ & GRILL**

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos, and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu and carry-out are also available and outdoor seating is available.

Breakfast is served from 8 a.m. to 3 p.m. and happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine and a menu that starts at \$4.50 for items such as nachos with cheese and salsa and \$5.50 wings and chicken tenders. The ice cream bar has 20+ flavors of locally made Royal Scoop ice cream.

#### **SANDBAR**

Currently serving happy hour from 4 to 5:30 p.m. every day in the lounge only, and dinner from 5 to 9 p.m. Since opening in 2013, The Sandbar has become known for its fresh seafood and choice cuts of beef and pork.

#### SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free wi-fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon.

Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

#### **SANIBEL DELI & COFFEE FACTORY**

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to regular choices, along with pizza and wings, Boar's Head meats, frozen yogurt and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas, and free wi-fi.

#### **SANIBEL FISH HOUSE**

Find out why Sanibel Fish House is such a great addition to the list of Sanibel restaurants. We offer a wide range of fresh seafood as well as our great alternative choices at reasonable prices.

Come and see us in our delightful tropical island setting. Open 11 to 10 daily with excellent lunch and dinner specials. Don't miss the best happy hour on the island 11 to 6 daily and all day on Saturdays and Sundays in The Lounge! The Lounge opens 11 to 10 Sunday through Thursday and until 1 a.m. on Fridays and Saturdays.

#### SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes.

#### SANIBEL SPROUT

The Sanibel Sprout is the island's only vegan cafe and organic juice bar. There is comfortable seating for friends to socialize and taste Chef Nikki's extended menu of plant-based gourmet cuisine. The soups – lentil, Vietnamese Pho, etc. – are popular year-round, as are vegan lasagna, Mexican taco salad, kale salad with avocado chipotle dressing and numerous desserts. The extended menu is posted on the Sprout's Facebook page.

The organic juice bar is popular with locals and visitors of all ages. Kids love the Strawberry Kiss or the Chocolate Bliss Smoothie, whereas adults favor the Coffee Sproutaccino or the green Emerald Mermaid Smoothie. Those are just a few of the juice bar favorites from an extensive menu.

The Sprout is open for breakfast, lunch and dinner 8.30 a.m. to 7 p.m. Monday through Saturday.

#### **SUNDIAL BEACH RESORT & SPA**

The Sea Breeze Café at Sundial Beach Resort & Spa is open 7 days a week, from 7 a.m. to 10 p.m., serving breakfast, lunch and dinner. Dine indoors or al fresco, overlooking the gulf. Choose from classic tavern fare, fresh seafood, innovative entrees, salads and sandwiches. There is a daily happy hour from 4 to 6 p.m. with drink specials and bar menu. Every Monday is Margarita Monday with \$5 margaritas from 4 to 10 p.m. and live island-style entertainment from 5:30 to 8:30 p.m.

Turtle's Pool & Beach Bar serves imported and domestic beer, wine and tropical drinks in a casual outdoor island setting just steps from the gulf. A full menu is available at the poolside dining patio from 11 a.m. to 7 p.m., including seafood, award-winning burgers and fresh salads. Happy hour is 3 to 5 p.m. every day.

Create your own custom pizza or grab a quick snack at Slice of Paradice, Sundial's newest poolside dining option, featuring slices, specialty and custom pizzas, grab and go salads, hot dogs and hand scooped ice cream, including Sundial's signature flavor, Island Delight. Open daily from 11 a.m. to 9 p.m.

All restaurants and bars are open to the public.

## TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood such as grilled shrimp, fried grouper, oysters, clams and crab cakes.

Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's 2 p.m.)

#### TRADITIONS ON THE BEACH

Traditions on the Beach is one of the few Sanibel restaurants with beachfront dining. Located in the historic Island Inn, the recently updated restaurant sits on 10 acres with gulf views, perfect for watching the sunset over the water while you dine. The menu features Italian and Mediterranean cuisine prepared by Chef Aziz and his team. Traditions' dishes are made with fresh ingredients, from seafood and meats, to produce from local vendors. On the menu you will find the classics and specialties including Moroccan lamb, roast duck, lobster and veal. Pasta, grilled items and a raw bar are also available. In addition to the regular menu, specials are offered daily. There's an attractive bar and lounge area that also serves food and an extensive wine and cocktail list. Dining begins at 5 p.m. and continues until late. Reservations are suggested.

#### **ZEBRA TREATS**

This bold and bright cafe/store offers a variety of frozen yogurt flavors – try the caramel sea salt pretzel – with more than 50 toppings such as strawberries, blueberries, chopped candy and sprinkles. Other offerings include milk shakes, smoothies and frappes.

Zebra has indoor and outdoor seating.

The store recently added frozen yogurt to go, by the pint and quart.

From page 15B

#### Island Fare

## LIVE ON THE ISLANDS

The Crow's Nest Beach Bar & Grille at 'Tween Waters Inn has live entertainment with Bad Banditos on Friday and Saturday; Taylor Stokes plays on Sunday and Tuesday. Bobby Blakely plays on Wednesday. Crab shows are on Mondays and Thursdays.

George & Wendy's Seafood Grille has live music Friday and Saturday from 9 p.m. to midnight. Friday is Cruzan Vibes, playing reggae. Saturday is Rex Bongo Band, playing rock and blues. Saturday is Ladies Night with half-price drinks for the ladies from 9 p.m. to midnight. On Sunday, it's Buckeye Ken, playing island variety from 6 to 9 p.m. On Tuesday, it's open mic night from 8 to 11 p.m. Karaoke is Thursday from 9 p.m. to midnight.

The Jacaranda has live entertainment on Friday and Saturday with Renata, playing funk, jazz contemporary. Sunday is Jamaica Dave & Co., playing reggae and dance. On Monday, it's Renata, playing funk, jazz and contemporary, on Tuesday, it's The New Vinyls, playing classic rock and dance; Wednesday is Barbara Dexter, playing contemporary, top 40s and dance; Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday; Gene Federico plays on Saturday; Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa features Margarita Mondays from 4 to 10 p.m. with \$5 margaritas and live entertainment from 5:30 to 8:30 p.m. Happy hour is daily from 4 to 6 p.m. with drink specials.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Woody Brubaker, Barbara Smith and Joey Dio on drums. On Sunday, it's Dusk Duo, playing classic pop, R&B, country and jazz.

Mike Arnone, "The Jersey Kid," performs selections from Motown to the Rat Pack on Monday. Woody Brubaker and Barbara Smith perform on Tuesday and Wednesday; Joe McCormick and Marvilla Marzan play on Thursday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico; Saturday, Jay Helt; and Sunday, Dan Confrey.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.\*

## Comedy Night To Benefit SalusCare



Michael Harris, The News-Press planning editor

Eight local celebrities will headline Laughter Is the Best Medicine Comedy Night, a unique new event to benefit SalusCare, the region's largest provider of treatment for individuals with mental health and substance use issues.

Each of the local celebrities will perform a five-minute stand-up routine and attendees will "vote" for the best comedic performance with their dollars.

The local celebrities who will exchange laughs for votes are:

- Michael Harris, The News-Press planning editor
  - Larry Hart, Lee County Tax Collector
- Gwendolyn Howard-Powell, owner of Gwendolyn's Café
- Doug Molloy, former Chief Assistant U.S. Attorney
- Steve Russell, State Attorney for the 20th Judicial Circuit
  - Marni Sawicki, Cape Coral Mayor
  - Mike Scott, Lee County Sheriff
     Dr. Glann Whitehouse Florida Gu
- Dr. Glenn Whitehouse, Florida Gulf Coast University associate dean, Planning & Assessment

"We wanted to develop something fresh that hasn't been done in this market before. Laughter Is the Best Medicine will not only showcase our local celebrities, but give everyone an opportunity to support a charity that provides mental health and substance use treatment for more than 18,000 people per year," said Mark Atkins, chair of SalusCare Development Committee.

In addition to the innovative concept, SalusCare is breaking new ground in the timing of the event, which is planned for



Lee County Sheriff Mike Scott



State Attorney Steve Russell, left, and Larry Hart, Lee County Tax Collector

the middle of summer, Saturday, July 25, at The Sidney & Berne Davis Art Center in downtown Fort Myers.

"There are so many events during season that it's not possible for residents to attend all that they would like to. Yet, there is very little in the way of fundraising events in the summer when local residents might have more time to attend," Atkins said.

Organizers conferred with professional fundraisers and party planners who agreed that it is time to spread out the social calendar to incorporate the summer months.

The evening will include heavy hors-d'oeuvres, beer and wine served in a casual atmosphere. Attendees will have the opportunity to "vote" for the best comedic performance by placing cash or checks in containers labeled for each comic.

To help the celebrity comics prepare for the evening, Sam Walch, a professor at Florida Gulf Coast University, will work with them individually and as a group to perfect their routines.

Walch is a former touring stand-up



Marni Sawicki, Cape Coral mayor



Sam Walch, FGCU professor and comedy trainer for the celebrities

comedian who teaches comedy and public speaking in the Communications Department at FGCU. He has performed in comedy clubs, casinos and cruise ships in the United States, Canada and the Caribbean and is the author of an online textbook on public speaking.

Tickets will be available beginning in May at \$100 each or \$500 for a reserved table for four with table signage. Other sponsorships also are available from \$1,000.

Funds raised will be used to provide outpatient psychiatry and therapy to children and adolescents in this area whose families can least afford it. One in 10 children has serious mental health problems severe enough to impair how they function at home, in school or in the community, according to the National Center for Children & Poverty at Columbia University. Left untreated, mental illnesses can lead to more difficult to treat illnesses and to the development of cooccurring disorders.

For more information about sponsorships and Laughter Is the Best Medicine



Gwendolyn Howard-Powell, owner of Gwendolyn's Café



Doug Molloy, former chief assistant U.S. attorney



Dr. Glenn Whitehouse, FGCU associate dean, planning & assessment

Comedy Night, contact Todd Cordisco at 791-1575 or visit www.saluscareflorida. org.☆

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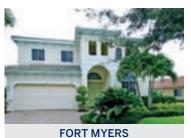
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#### **Grouper Sicily**

4 (six-ounce) grouper fillets ½ cup prepared Italian dressing 4 tablespoons olive oil 1 cup Italian bread crumbs 1/4 cup unsalted butter 1 bunch scallions, chopped 2 tablespoons fresh garlic, chopped

1 cup fresh mushrooms, sliced ½ cup white wine

Heat oven to 350 degrees F.

Clean and rinse the fillets.

In a shallow dish, dip fillets in Italian dressing, then into bread crumbs to coat.

Heat olive oil in a non-stick sauté pan over medium-high heat.

Sauté fillets 2-3 minutes until golden brown.

Remove fillets from pan to an ungreased baking pan.

Bake for 8-10 minutes until the fillets are cooked through.

In a sauté pan over medium high heat, add the unsalted butter, scallions, garlic, and mushrooms; cook 2 minutes until the mushrooms are soft.

Add white wine and simmer until heated through.

Remove the fillets from oven. Spoon the mushroom wine sauce onto the center of serving 



**Grouper Sicily** 

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## Trust Company Presents Awards To Two Sanibel School Students



The Al Hanser Humanitarian Awards

n April 30, an awards ceremony was held at The Dunes Golf & Tennis Club to celebrate the efforts of two Sanibel School students and their commitment to helping others. An essay contest, sponsored by The Sanibel Captiva Trust Company, invited students to tell their story of participation in community service

and how their experience helped make a difference in the community.

The seventh grade essay winner was Mya Wesley, who wrote about her time volunteering at the Sanibel Shell Fair and the eighth grade winner was Carson Towle for his essay about volunteering for FISH. Each winner received a check for \$150 and a donation of \$100 in their name to the charity of their choice. In addition, the Trust Company also donated \$1000 to The Sanibel School Fund.

Sanibel Captiva Trust Company Executive Vice President Steve Greenstein emceed the ceremony and gave special thanks to Kim Kouril for all of her efforts on behalf of The Sanibel School Fund and to Principal Barbara Von Harten for her leadership and inspiration to all the students at The Sanibel School.

Also on hand was Al Hanser, founder and chairman of the Trust Company. When he was invited to the podium to present the trophies, it was revealed that they had been designated as the Al Hanser Humanitarian Award as a tribute to his own humanitarian efforts on behalf of the community. Since 2001, under Hanser's guidance, The Sanibel Captiva Trust Company has donated over \$1 million in support of local organizations and people who engage in acts of kindness, sacrifice and compassion to improve the quality of life on the islands.

# Airport Adds Electric Vehicle Charging Stations In Parking Lots

outhwest Florida International Airport (RSW) now offers charging stations for customers operating electric vehicles. The Lee County Port Authority recently installed two Electric Vehicle (EV) Charging Stations in the Short-Term Parking Garage and two in the Long-Term Parking Lot. There is no charge to use this service, but regular parking rates apply as drivers exit the lots.

The L2 PowerPost offers a low current, Level 2 charge designed for commercial outdoor use. It features retractable cord reel technology and comes with a J1772 coupler that will fit any hybrid with a receptacle and electric vehicles. It operates 208 to 240 volts. Signage has been added in each parking area to help direct passengers to the "electric vehicles only" spots. Charging stations are available on a first-come, firstserved basis. EV Charging Stations are located in short-term parking on the third level, along the south side of the lot near the exit and in long-term parking in the first row.

For more information, visit www.flylcpa.com.

## School Smart



by Shelley M. Greggs, NCSP

ear Shelley, daughter is in preschool and going to kindergarten in the fall. I want to help her be more prepared for reading but we don't have

much time together at home. What can I do to help her and make our time working on reading something enjoyable for both of us?

Sonya J., Fort Myers Beach

#### Sonya,

You have asked a great question. So many parents want to help their children in becoming strong readers but are not sure how to go about it. Children mature at different rates, as do their reading skills, which typically emerge between the ages of 4 and 7. I'd like to recommend two strategies that you could use to encourage your daughter's interest in

The first thing you can do is to become a role model for her. Let her see you reading books, magazines, newspapers, or even e-reader devices. Tell her how enjoyable it is to read. Children imitate their parents and reading is a most important behavior to model for her.

The second thing is to read to and with your child. Children who are read to

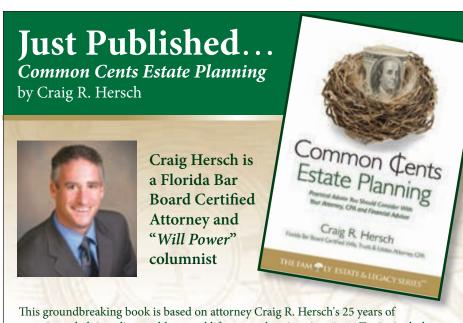
three times per week or more do much better in later development than children who are read to less than three times per week. Picture book reading provides children with many of the skills that are necessary for school readiness: vocabulary, sound structure, the meaning of print, the structure of stories and language, sustained attention, the pleasure of learning, and much more.

How we read to preschoolers is as important as how frequently we read to them. The Stony Brook Reading and Language Project has developed a method of reading to preschoolers that is called dialogic reading. This technique is easy and interactive. Typically when adults share a book with a preschooler, they read and the child listens. In dialogic reading, the adult helps the child become the teller of the story and the adult becomes the listener, the questioner, and the audience for the child. There is a sequence of questions to present to the child when you use this technique.

Reading Rockets, a wonderful website about reading outlines the fundamental technique in dialogic reading which is called the PEER sequence. "The adult:

- Prompts the child to say something about the book,
  - Evaluates the child's response,
- Expands the child's response by rephrasing and adding information to it,
- Repeats the prompt to make sure the child has learned from the expansion. Here is an example of what the

continued on page 21B



experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- · Estate planning for second and blended marriages
- · Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at Amazon.com. To order a copy, follow the link at www.sbshlaw.com/books.



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#### ISLAND SUN BUSINESS NEWSMAKERS

## Top Producers



LeAne Sugrez

in Florida.☆



**Marianne Stewart** 

Above The Crowd Award

E/MAX of the Islands announced that Bruce Cochrane is a RE/MAX Above The Crowd award recipient for 2014. This award is only given to a select few RE/MAX sales associates in any given year. Of the 100,000-plus RE/MAX International sales associates in

95 countries, Cochrane was one of five to receive the award

he top producers at John Naumann & Associates for the month of April are: top listing agent, LeAne Taylor Suarez; top listing team, Connie and Tracy Walters; top sales agent, Marianne Stewart; and top team, the Berning-Colter team.



Bob Berning



Ken Colter



**Tracy and Connie Walters** 

## Hall Of Fame Award

sland resident and sales associ-ate with RE/ MAX of the Islands. Chuck Bergstrom, was recently presented with the RE/ MAX Hall of Fame Award. This distinction is only presented to successful RE/MAX associates Chuck Bergstrom who have earned



more than \$1 million in commissions during the time they've been affiliated with a RE/MAX office.☼

## Top Producers



Phaidra McDermott



Paul Cohen



**Dave Russ** 



Kris Cardinale

ohn R. Wood Island Real Estate announced their top producers during the month of April. They included top closed sales: Phaidra McDermott; top listings: Paul Cohen and Dave Russ; and the Exceptional Sales Award: Kris Cardinale.

Share your community news with us. Call 395-1213 Fax: 395-2299 or email press@islandsunnews.com



**Burns Family Team** 



**McMurray and Nette** 



**Cindy Sitton Brian Murty** 

## Top Producers

he top producers at Royal Shell Real Estate for the month of April are: top producer sales, Burns Family Team; top producers listings (team), McMurray and Nette; top producer sales (individual or partner), Cindy Sitton; and top producers listings (individual or partner), Brian Murty.

## Top Producers

remier Sotheby's International Realty announced that Maxwell Thompson was named their top listing associate for the month of April. In addition, George Kohlbrenner and Kara "KC" Cuscaden were



**Maxwell Thompson** 

named April's top producer associates. 🜣



George Kohlbrenner KC Cuscaden





## ETFs – Boon Or **Trading Trap?**



by Timothy P. Vick, Senior Vice President and Senior Portfolio Manager

he 40th anniversary of the launch of the first index fund passed recently, and we noted with irony that the lead-

ing proponent of indexing - Vanguard's founder John Bogle - seized the opportunity to chastise an industry that took indexing to a marketing extreme.

My idea in creating that original index fund was the essence of simplicity: Buy the stocks representing the lion's share of the U.S. stock market, weigh them by their market capitalizations, (and) hold them forever," Bogle wrote in March.

But that's not what happened. Wall Street affixed on Bogle's brainchild, and index funds proliferated (they now account for 32 percent of all equity mutual fund assets). Their popularity eventually gave rise in 1993 to the Exchange Traded Fund (ETF), pooled baskets of stocks linked to indexes that can be traded minute by minute - unlike mutual funds that post their values once a day. More than 1,700 ETFs now list on U.S. exchanges, giving investors a chance to buy their favorite baskets of stocks (representing more than 1,000 distinct indexes) and to reap excess portfolio returns from adroit buying and selling. In one of the most disturbing financial trends of the past decade, investors have moved nearly \$2 trillion in common stocks out of their portfolios and replaced them with ETFs.

Count us among the continued skeptics. The more the ETF industry proliferates, the less incremental value these products offer investors, and the more

Where Did All The

From page 13B

Time Go?

harm they seem to be bringing to sensible investing strategies – not to mention that investors who use ETFs perform worse than those who don't. In a word, individual ETFs have largely replaced individual stocks as "products" that are created, packaged, and sold by legions of brokers who promote them for rapid-fire timing of sectors and indexes.

The chart on this page is most telling. The largest, most-popular ETFs today sport turnover rates far in excess of 1,000 percent, meaning their shares are held by investors, on average, just days. Indeed, investors who ostensibly try to capture market-beating returns in oil, emerging markets, small-cap companies, Asian stocks, or in technology quickly become enticed into ruinous trading behavior. As an example, shares of the largest companies within the S&P 500 are being held an average of nine months (see table). Yet the shares of the S&P500 SPDR ETF, which allow investors to own little bits of all 500 index stocks, turn over every 8 days, according to recent trading data. Which group of investors would outperform over the long-term; the group buying and holding the S&P leaders, or the group trading that same package of leaders every eight days?

We have always espoused a back-to-basics, "take-control" approach to investing. Since ETFs were not packaged with our clients' unique interests in mind, our use of them in accounts has been sparing. We strive instead to own strong, growing companies that we know intimately, and let the companies' growth increase portfolio value over time at rates that can satisfy your financial goals. With ETFs, or baskets of stocks, you have given up all control of risks, the purchase price, the sale price, security selection and ultimately your returns.

The Sanibel Captiva Trust Company is an independent trust company with \$1.35 billion in assets under management that provides wealth management services including investment management, trust administration and financial counsel to high net worth indi-

Myers to Boston. The entire plane was

filled with our seasonal residents flocking

"nahth" as the New Englanders say, for

enjoyed our nice weather over the winter,

the summer. They all seemed to have

viduals, families, businesses, foundations and endowments. Each portfolio is separately managed and customized specifically to the client's yield and cash-flow requirements. The Naples

Trust Company and The Tampa Bay Trust Company are divisions of The Sanibel Captiva Trust Company. www. 

#### deaRPharmacist

## Ways To Make Your Dentist Less Terrifying



by Suzy Cohen, RPh

**Pharmacist:** My friend Jan who is a self-confessed "big coward who cringes" at the thought of any dental procedure, asked me if she should take cannibis prior to her dental appointment.

She is not able to use nitrous gas due to her body crashing from it (from a methylation SNP). She's had a bad reaction

When Jan asked me about "eating a little brownie," I reminded her that she lives in a state where medical marijuana has not been decriminalized yet, and federal law prohibits it. Besides, a Sativa strain (versus Indica) would heighten her anxiety and increase vividness. Believe me, I'm not an aficionado, but I know that much! Also, a cannibis treat could

make for a loooooooonnnnnggggger procedure if you know what I mean. And like a good friend, I pointed out the biggest dilemma of all: How will you deal with the munchies with all that gauze in your mouth!

Many of you are skittish about dental work too. I can't say I am, however I've come close to it. I think the sound of drilling, or other noises is the hardest part. When I had two hours of scraping done near my gum line a few months ago, I brought in a soft, fuzzy microwavable hot pack. I asked the hygienist to warm it up and then I placed it on my abdomen where it provided instant comfort. I plugged in my headphones and listened to upbeat music. It was loud enough to muffle my own 'mental noise' as well as the scraping sound she was making, plus several comments about "all the blood." Here are other ideas to reduce anxiety and pain:

Essential oil of bergamot or lavender-Put a drop of either (or a drop of both) in your hands, and rub together, then cup your hands and inhale deeply. Do before the trip, and while you're there. St. John's wortIf you buy the liquid extract, you can take a small dose using just a few drops taken one hour before your visit.

5-HTP- This supplement raises serotonin, which reduces anxiety. Take two

continued on page 23B

#### From page 19B

## School Smart

sequence might look like. The parent and the child are looking at the page of a book that has a picture of a fire engine on it. The parent says, "What is this?" (the prompt) while pointing to the fire truck. The child says, truck, and the parent follows with "That's right (the evaluation); it's a red fire truck (the expansion); can you say fire truck?" (the repetition)". This technique should be used on almost every page of the book.

There are various types of prompts you can develop if interested and they are found on the Reading Rockets website located at www.readingrockets.org/ article/dialogic-reading-effective-way-readpreschoolers

Research tells us that this is a very effective technique and children who have been read to dialogically are substantially ahead of children who have been read to traditionally on tests of language development. In fact the data indicates that children can jump ahead by several months in just a few weeks of dialogic reading.

Children will enjoy dialogic reading more than traditional reading as long as you keep it light, vary what you do from reading to reading, and follow the child's interest. Don't push children with more prompts than they can handle and have

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and

education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.☆

#### escaping one of the most brutal winters want life-prolonging heroics to continue that Boston has seen in its history. even if two doctors agree (and your But you would never know that the health care surrogate agrees) that there is no medical probability of recovering winter was so terrible here. The dogwoods and juneberry trees are sporting and that the life prolonging procedures their beautiful spring white flowers while are only artificially prolonging the process the crape myrtle, royal empress trees of dying. Do you want to remain comatose in a hospital bed hooked up to the sprout stunning burgundy or pink flowers depending upon the variety. Plum leafed machines as long as it takes for you to crabapple trees, bright golden shower expire? If you are a Florida resident, is trees and hot pink azalea bushes add that document drafted with Florida law in even more color to the landscape. All mind? Each state's laws are different from this can be enjoyed walking the Brandeis campus. Driving around Boston has also one another, so it is vital that your legal

been a real treat - it's absolutely gordocuments are drafted in compliance with the law of the state of your primary Soon I'll be returning on a flight home residence. It doesn't matter if you spend to Fort Myers, where I'll look at my half the year in Massachusetts – so long daughters' empty bedrooms and wonder as your primary residence is Florida, then you should have Florida documents. how all the time went by so quickly.

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On the way up here, I boarded a JetBlue flight from our airport in Fort **Eden Energy Medicine** 

## 'Up Against The Wall' Resolves Stress



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

ast week we reviewed
Neurolymphatic
Reflex points, those points located on the surface of the body that when rubbed, enable toxins to

be released from the system, clearing stagnant energies (including emotional energy) and thus leaving you feeling invigorated and energized. Remember that our lymph system has no pump so rubbing these points is quite beneficial to releasing toxins. Points exist on the front and back of the body.

This week we focus on how to do a flush of the Neurolymphatic points on the back, which points are parallel to the spinal column. So, when you and your significant other have a "tiff," say "Hands against the wall." At this point you are wondering how this position can possibly resolve the conflict. It is easy. If both are stressed and the frustration is high, a great way to expel the emotional toxin is to flush it out. How?

Step 1: Have the partner stand about three feet from the wall with both hands against the wall with elbows locked. By standing firmly in this position, the person is stable since the other partner will be exerting pressure. The other partner



stands behind the person facing the wall, placing both thumbs on either side of the spinal column beginning right below the neck

Step 2: The partner circles, with pressure, the points that are on both sides of the spine at the notch of each vertebrae (being careful to never push on the spine itself), using either the thumbs or middle fingers and applying his or her body weight to lean into the points.

Step 3: The points are deeply rubbed or circled for at least three seconds each as you move from the base of the neck all the way down to the sacrum area. If there is a point that is particularly sore, then give extra attention to that point – it needs it in order to release the toxins. Always check with your partner to make sure the pressure is comfortable.

Step 4: Sweep the energy off the body from head to toe by running your hands over the body two or three times. Do the flush with thumbs a second time and then sweep the energy off the body again. You have just made your partner feel better and you feel better having released that frustration from both of you. Switch partners and both will feel better. The Spinal Flush works since each of these points is associated with a meridian and each meridian is associated with an organ, thus creating an immediate release for both giver and receiver.

Other options include having the receiving party lay down. If you don't have a partner, wrap two tennis balls in a cloth napkin with rubber bands at each end to hold the tennis balls in place and then put the tennis balls behind your back against the wall and lean into them. You will receive immediate gratification.

Have fun with your energy! Next week's topic is Plumping the Diaphragm Invigorates.

If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.

Read us online at IslandSunNews.com

#### Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

#### Dear Mom & Me,

I went to a doctor because I felt terrible. He ordered a few tests and later told me that I had an immune system disease and ordered more tests.

When I went back, he just talked and talked, and I didn't know anything more when I left than I did when I first went.

Why do doctors talk like that when they must know their patients don't have the faintest idea what they are talking about?

Rebecca

#### Dear Rebecca,

I would not generalize to say "all physicians" talk to patients in the way your physician spoke to you. Ask your physician questions about what you do not understand. The only way he/she knows is if you ask.

Look at it this way; it is a good thing that your physician tries to explain things to you so you are starting in a very good place.

Pruce

#### Dear Rebecca,

Doctors, lawyers and many other professionals have their own lingo. They are so accustomed to talking to people similar to themselves that they cannot see or refuse to see when some of their patient's eyes cloud over.

These same professionals are not nearly as successful as their peers who can talk on the level of their patients or clients and rarely get the desired results they are working toward. Before you leave or during the consultation interrupt them and tell them, "I am sorry but I do not understand what you are saying."

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\( \)

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Re/MAX of the Islands on Sanibel & Captiva Islands has teamed up with Tesla Motors to provide an increasingly desirable amenity; Tesla Destination Charging.

Destination Charging.
Tesla High Power Wall Connectors add 58 miles of range per hour to Model S, charging the vehicle overnight and replicating the convenience Tesla owners are accustomed to at home.

RE/MAX of the Islands joins a rapidly growing network of businesses in Tesla's Destination Charging Program. Tesla partners with hotels, resorts, and restaurants around the world to offer High Power Connectors as an amenity for visitors, allowing them to charge their Tesla



Tesla automobile connected to a Tesla Destination Charging Station

Model S at locations where they want to stay for several hours like hotels, beach resorts, and restaurants. Model S offers 270 miles of range on a single charge so

the High Power Wall Connector can easily top off the Tesla in just a few hours.

"RE/MAX of the Islands is constantly searching for new ways to heighten

our clients and guests' experience. By combining leading-edge technology and the forward-thinking of Tesla with our commitment to provide outstanding service, we now have the ability to offer our clients and guests a seamless and convenient charging experience during their visit," said broker and co-owner of RE/MAX of the Islands, Dustyn Corace. "Living in an area where preservation of the environment is a way of life, I am happy to be doing my part by promoting a zero-gas-emision technology."

RE/MAX of the Islands and other Tesla Destination Charging locations are hosted on Tesla's interactive webpage and will soon be GPS located on Model S' navigation through a free software update sent wirelessly to the car. In coming months, Tesla owners will be able to use the Model S 17-inch touch screen to easily plan trips and locate the property.

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** I love to give but I have a hard time receiving, especially when it comes to relationships. How can I learn to receive and feel good?

**A:** There is a beautiful saying

that giving and receiving are the same. Most of us have so much love inside that we want to give to others, yet we seem to have more difficulty receiving. If we stop and think about it, love is all around and comes to us in many ways. It may be through spreading and receiving daily acts of kindness, such as giving someone directions, bringing others flowers, taking someone you care about to a show or concert, donating to those in need, rescuing an animal, or being a listening ear.

Thirteenth century poet Rumi writes: "Your task is not to seek love, but merely to seek and find all the barriers within yourself that you have built against it."

Once we can learn to receive all forms of love that come to us from all walks of life in small ways, there lies an incredible awakening. It is not just about looking for a romantic kind of love, although that can be an expansion in one's life, it's also about the ability to give and receive love on all levels and truly mean it from the depths of your soul.

In our culture, we get so caught up in rejection that we forget to see that beautiful love that surrounds us if we just open our eyes. If rejection occurs, send that person love and an act of love and kindness will come to you and you can feel worthy of receiving. Remember that if someone is rejecting you, they are rejecting a part of themselves and they are needing love.

If we can learn to be loved and give love in an unconditional way with no expectation of anything in return. When we are letting go of all the conditions on how we receive love and can learn to

accept love into our lives, there is a natural order and love and life happens in our highest good for all.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.

Send your editorial copy to:

press@islandsunnews.com

From page 21B

## Make Your Dentist Less Terrifying

hours before your visit.

Rescue Remed – Contains fve different flower essences including Star of Bethlehem which is helpful for trauma and shock, and Rock Rose which helps with panic or terror. Bach Flower makes this

Acetaminophen – About 500 to 1,000 mg should pre-empt the pain that will ensue, however it does nothing for anxiety. Ibuprofen is a blood-thinner, be

careful with that one.

L-theanine – Found in green tea, drink a cup before going. It's also a strong anti-infective. Test yourself on this in advance, because some people get more alert, rather than relaxed.

If you need more tips, I have a more comprehensive version of this article with more ideas to relax you. It's at my website, www.SuzyCohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.



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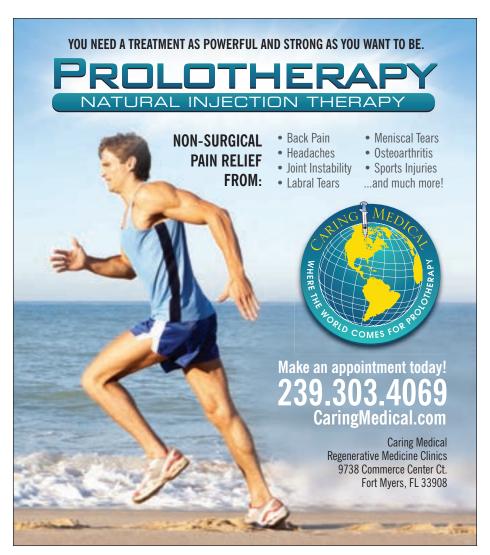
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## My Stars ★★★★

**FOR WEEK OF MAY 18, 2015** 

ARIES (March 21 to April 19) You might be a bit shaken by a friend's request. But before the Lamb leaps to conclusions, insist on a full explanation. You still might say no, but at least you'll know what you're saying no to.

TAURUS (April 20 to May 20) Seeing red over those nasty remarks by someone with an ax to grind? Of course you are. So get out there and give your supporters the facts they need to get the truth out.

**GEMINI** (May 21 to June 20) A changing situation should get you to reassess your vacation plans and make any adjustments as soon as possible. And don't fret -- the change most likely will turn out for the better.

**CANCER** (June 21 to July 22) Don't put off dealing with any negative feelings that might be left over from a recent confrontation. The sooner all is resolved, the sooner you can move forward with fewer complications.

**LEO** (July 23 to August 22) Leos and Leonas might feel the urge to redecorate their dens, and that can turn into a good opportunity to strengthen family ties by putting the whole pride to work to make it happen.

VIRGO (August 23 to September 22) Look for the most efficient way to get a job done quickly and well. Taking more time than you need to make it look more challenging is a short-sighted move you might regret later on.

**LIBRA** (September 23 to October 22)
Travel remains strong in your aspect. And this time, it could involve someone traveling a great distance to come to see you. Meanwhile, an important matter suddenly could need your attention.

**SCORPIO** (October 23 to November 21) A workplace situation becomes a lot more bothersome than you'd expected. Be careful not to be pulled into all that anger. Look for support among others who also want to avoid trouble.

**SAGITTARIUS** (November 22 to December 21) Cheer up, lonely lovers, wherever you are. Just when you thought you'd been deleted from Cupid's database, the chubby cherub proves that's just not so. Congratulations.

**CAPRICORN** (December 22 to January 19) A casual relationship could take a more serious turn. Are you ready for it? Your stars say you are. Paired Sea Goats also will find a renewed richness in their relationships.

AQUARIUS (January 20 to February 18) Meeting a collaborator with new ideas seems to be a dream come true. But for both your sakes, be sure all your legal i's are dotted and t's are crossed before you start working together.

PISCES (February 19 to March 21) A romantic overture flatters the usually unflappable Fish. But since it's a sincere from-the-heart gesture, go ahead and enjoy it. A minor health problem responds well to treatment.

**BORN THIS WEEK:** You have the warm heart of a Taurean and the sensitivity of a Gemini. You would make a wonderful leader. So go ahead: Run for office.

#### THIS WEEK IN HISTORY

• On May 19, 1836, during a raid, Commanche Indians in Texas kidnap 9-year-old Cynthia Ann Parker and kill her family. Adopted into the Commanche tribe, she lived a happy life with them for 25 years until Texas Rangers recaptured her and forced her to live again among Anglo-Americans. Weakened by self-imposed starvation, she died of influenza.

- On May 18, 1920, Karol Jozef Wojtyla is born in Poland. Wojtyla went on to become Pope John Paul II, history's most well-traveled pope and the first non-Italian to hold the position since the 16th century. Pope John Paul II issued the Catholic Church's first apology for its actions during World War II.
- On May 21, 1932, aviator Amelia Earhart becomes the first pilot to repeat Charles Lindbergh's feat, landing her plane in Ireland after a 2,000-mile solo flight across the North Atlantic
- On May 23, 1941, Joe "The Brown Bomber" Louis beats Buddy Baer to retain his heavyweight title at Griffith Stadium in Washington, D.C. Baer knocked Louis through the ropes in the first round, but Louis clawed his way back and eventually gutted out a victory.
- On May 22, 1969, the legendary actor, philanthropist and automobile enthusiast Paul Newman makes his onscreen racing debut in the film "Winning." Three years later, Newman launched a racing career of his own, driving a Lotus Elan in his first Sports Car Club of America race.
- On May 24, 1971, at Fort Bragg, North Carolina, an antiwar newspaper advertisement signed by 29 U.S. soldiers supporting the Concerned Officers Movement appears. The ad was in support of the group's members who opposed the departure of the carrier USS Constellation for Vietnam.
- On May 20, 1995, President Bill Clinton permanently closes the two-block stretch of Pennsylvania Avenue in front of the White House to all vehicular traffic, citing the need for security. The road had been opened to traffic for nearly 200 years.

#### STRANGE BUT TRUE

• It was a man named Thomas Jones who made the following sage observation:

- "Friends may come and go, but enemies accumulate."
- If you're like the average American, you order meals to take away from restaurants more often than you actually eat inside a restaurant.
- You may be forgiven if you've never heard of Violet Jessup, who lived a remarkably fortunate (or unfortunate, depending on your point of view) life. At the age of 23, Jessup was serving as a steward on the RMS Olympic when the luxury liner collided with a British warship and sank. She survived to continue her profession, taking a position on the RMS Titanic less than two years later, in 1912. That didn't end well, as we all know, but once again, Jessup survived. Amazingly, she continued her oceangoing career, and during World War I she served as a nurse aboard the Hospital Ship Britannic. When the Britannic struck a mine and sank, Jessup was pulled underwater and hit her head on the keel of the ship. Despite her injuries, she was rescued once again. Three maritime disasters didn't seem to faze her, though; she remained a stewardess for the rest of her career.
- In 2007, researchers using Google Earth discovered the world's largest beaver dam. Located in the wilderness of northern Canada, the dam is more than a half- mile long at 2,790 feet; experts estimate the structure was started in the mid-1970s.
- If you're a resident of Ohio, please keep in mind that in that state, it is illegal to get undressed in front of a man's portrait.

#### THOUGHT FOR THE DAY

"The greatest analgesic, soporific, stimulant, tranquilizer, narcotic, and to some extent even antibiotic -- in short, the closest thing to a genuine panacea -- known to medical science is work." --Thomas Szasz

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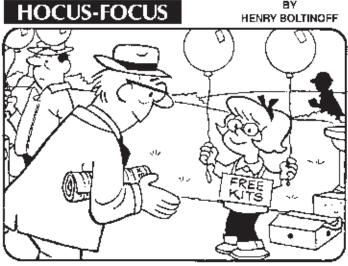
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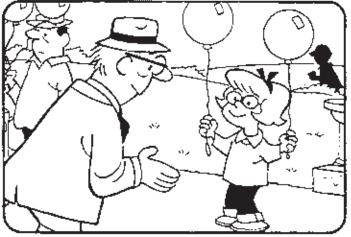
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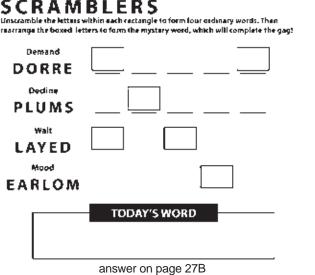
FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Odferences: 1. Zipper is missing. 2. Hat is different. 3. Paper is missing. 4. Sign is missing. 5. Belloon is moved. 5. Belloon is moved. 6. Belloon.

# \_\_ isn't much good for anything these days ... except for a tip."





		4		1		3		
	9				8		4	
7			9	5				2
	8				6		7	
2		3		7		9		
4			1					5
1					2	5		
	5		3				9	
		8		4		2		6

## SUDOKU

## To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no quessing and no math involved, just logic.

answer on page 27B

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Sanibel Isles	Sanibel	1992	3,859	\$3,998,000	\$3,819,000	97
Oak Knoll At Bonita Bay	Bonita Springs	2000	4,784	\$2,225,000	\$2,150,000	64
Murano	Miromar Lakes	2013	3,877	\$1,995,990	\$1,900,000	573
Oak Knoll At Bonita Bay	Bonita Springs	1993	4,293	\$1,499,000	\$1,350,000	6
Oakbrook	Bonita Springs	2005	3,519	\$1,395,000	\$1,350,000	0
Del Sega	Sanibel	2007	2,659	\$1,350,000	\$1,290,000	2
Chartwell	Bonita Springs	2003	3,376	\$1,349,000	\$1,275,000	25
Wildcat Run	Estero	2007	3,206	\$965,000	\$925,000	205
Imperial Shores	Bonita Springs	2014	3,203	\$946,000	\$900,000	123
Shenandoah	Fort Myers	2003	3,291	\$889,000	\$790,000	210

Courtesy of Royal Shell Real Estate

#### **NOW HERE'S A TIP**

- It's better to be a butterfly. The more social you are, the better your health, researchers
- Plastic grocery bags always come in handy. Try storing them in empty tissue boxes for the car or bathroom, or use an empty 12-pack

soda box for more storage under your kitchen sink or in the garage.

- "For foot cramps at bedtime, eat a banana in the evening. I think it is the potassium in the bananas, but it has had a good effect for me. And it can't hurt to get another serving of fruit, right?" -- L.I. in Missouri
- "Another great use for baby powder (or corn starch): If you have a deck of cards that

are sticking together, simply place them in a baggie and add a tablespoon of powder. Seal and shake, getting the dust in between the cards. When you remove the cards, shuffle them over a kitchen towel, and they will be like brand new." -- R.D. in Texas

• Fill a mop bucket with a dustpan? Yes! Use the large end of the dustpan as a funnel from the faucet over the side of the sink,

where your mop bucket is waiting to catch the waterfall. The handle acts as a spout.

• You can substitute black-bean puree for flour when making brownies, and it tastes so good! It's an even swap. Just make sure you rinse the canned beans well to remove added sodium, and run them through a food processor to puree.

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#### **SUDOKU** 9 2 3 5 2 3 9 6 8 4 5 7 3 9 6 8 4 5 9 8 4 2 6 7 3 3 8 7 5 9 6 2 1 6 7 9 3 8 2 5 1 9 2 4 6 5 3 2 3 5 8 9 6 1 4 3 8 4 9 1

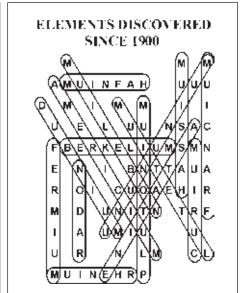
#### **SUPER CROSSWORD**

## BRAVOENCOPE LIKE OWEN NEMISER PASS OXYGENLOGO DREDGE REDDENS AMEND MA NEUP AGLARE NAME SHES \_ 10

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- 1. Order; 2. Slump;
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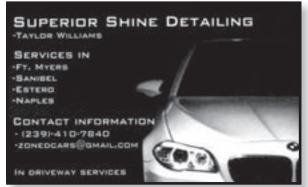
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Lic# EC12002788. Call Roger 239-707-7203. Aqualink - Motor Controls. Office & Store Maint.

## HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management \* Island Resident \* Licensed & Insured \* 24/7 \* www.doradoproperty.com Call Lisa or Bruce at 239-472-8875 &RS 3/21 CC TEN

#### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com

#### **UPHOLSTERY**

On Island Free Estimates. Over 15 Years Experience. Offering Professional Upholstery Services, Custom Art and Hand Painted Furniture. Lacy@LacyMcClary.com or 918-740-4972.

#### AFFORDABLE HOME CARE

Private Duty & Personal Assistant Flexible shifts from 4hrs, Live Ins & 24hrs Bath Visits, Alzheimer's Care, Bedridden Stroke, Parkinson's, Traveling Companion Licensed and Insured. 239-444-6914 **☆**NS 11/28 CC TFN

#### SERVICES OFFERED

#### SANIBEL HOME WATCH

Retired Police Captain Lives on Sanibel Will Check Your Home Weekly Very Reasonable Rates (239) 728-1971 \*\*RS 1/4 BM TFN

#### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction Sanibel & Captiva • 239-565-0471 Sanibel Lic. #11412 Lee Co. Lic. #051047 #NS 1/4 PC TFN

#### HELP WANTED

#### MOBILE DOG GROOMING

Self-Contained Trailer Up to 40 Lbs.. Total Grooming, Package, Please call. 239-313-7140. #RS 3/6 CC TFN

#### **VOLUNTEERS NEEDED**

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11. ANS 7/11 NC TFN

#### FREE REAL ESTATE TOURS



Every Wednesday 10AM Departs from 2300 McGregor Blvd. one block north of the Edison Ford Winter Estates. FREE Subway lunch included. Marc Joseph Realty, Inc. Call to register (239) 939-1145.

## TO PLACE A CLASSIFIED LOG ONTO:

IslandSunNews.com CLICK ON PLACE CLASSIFIED

 $\star$   $\star$  Classified Deadline Friday at Noon  $\star$   $\star$   $\star$ 

## ★ ★ CLASSIFIEDS ★ CLASSIFIEDS ★

#### HELP WANTED

#### **EARLY CHILDHOOD** COORDINATOR

for nursery and preschool kids at Sanibel Community Church 30 hrs/week including Sun. and Wed. Apply to Kathy@sanibelchurch.com ±NS 5/8 CC 5/15

#### RESERVATIONIST NEEDED

Waterside Inn on the Beach, Sanibel Island Some weekend work required. Hotel or Hospitality experience preferred. Computer and Customer Service skills a must. resumes to doug@watersideinn.net

\*NS 5/8 CC 5/15

## SOUTH SEAS TIMESHARE. P/T SALES

Assistant needed. Must have current Real Estate License. Call for details. 239-940-2919 -XNS 5/8 CC TEN

#### **OFFICE HELP**

Captiva Cruises seeks motivated individuals to help with phone reservations cruise ticketing, gift shop sales and general office help. Seeking Full-Time, Part Time and Summer Help. Call 239-472-5300 \*NS 5/8 CC 5/29

#### **VOLUNTEERS NEEDED**

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189. 25NS 11/1 NC TEN

## VOLUNTEERS NEEDED IMMEDIATELY

The Senior Companion Program provides volunteer opportunities to seniors 55 yrs. old and older, to offer companionship & friendship to frail elderly individual who are homebound and generally living alone. These volunteers serve 20 hours each week and receive a small non-taxable stipend, of \$2.65 per hr. and .40 a mile for travel, on-duty insurance, as well as annual health screening. Please call the Dr. Piper Center at (239) 332-5346 ask for Jonah or Lourdes. \$NS 2/20 NC TEN

#### HELP WANTED

#### **DEVELOPMENT DIRECTOR**

The Clinic for the Rehabilitation of Wildlife. Inc. (CROW) is seeking an experienced Development Director with 3 to 5 years experience in non-profit fundraising. Candidates should have a proven track record in managing memberships, grant writing, event planning, donor cultivation, direct mail, and planned giving. Working knowledge of Donor Perfect a plus. Requirements a Bachelors degree, excellent communication skills, strong writing and presentation skills, ability to work collaboratively, comfort interacting with major donors, ability to multi-task and meet deadlines.

E-mail cover letter, resume and salary requirements to lestep@crowclinic.org or mail to Dr. Linda Estep. Executive Director CROW, P.O. Box 150, Sanibel, FL 33957.

## HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882 RS 3/13 CC TFN

#### **CASHIERS/BAGGERS**

Jerry's Foods is looking for Cashiers/Baggers night time hours 3 to 10 Sunday through Saturday 29 hrs a week. We are also looking for Servers in the Restaurant various hours 7 days a week. If interested contact Tami or Mark (239) 472-9300. #NS 2/6 CC TFN



Join the most visible and welcoming real estate agency on Sanibel and Captiva!
SanCap Gateway Realty and broker
Lori Schulz would like to partner with a few of the Island's most professional and connected agents to help complete our relaxed, service oriented mission. Please call to schedule a visit and learn about our generous terms. We are located next to the Sanibel Captiva Chamber of Commerce on Causeway Road. 239-472-3334

#### HELP WANTED

## MAINTENANCE HANDYMAN NEEDED

HANDYMAN NEEDED FOE SMALL JOB CALL SUSAN (239) 472-3327 \*NS 5/15 CC 5/15

SUNDAY SCHOOL NURSERY TEACHER

Sunday School Nursery Teacher 0-K

immediately. This is a year round paid

part-time position for Sunday mornings

only. Background check and references

required. Mainstream theology required.

Previous childcare/teaching experience

preferred. For details call 239-472-0497.

**AUTOS FOR SALE** 

1977 ROLLS ROYCE SILVER SHADOW II

\$ 24,500

The Silver Shadow was the follow-on to the

Silver Cloud III. In 1977, they introduced

the Silver Shadow II with many new

innovations - high pressure hydraulic disc

brakes; independent self-leveling rear

suspension; alloy and rubber bumpers; and

numerous electrical features - windows;

gear change; seat adjustment; fuel filler

cap; aerial; and air conditioning. This Silver Shadow II [Vin# SRF31744] is dark burgundy w/cream leather hides

all in great shape; 46,567 miles.

Current owner since 2005.

Well maintained. New vogue tires.

Call me (René) at 239-770-4463 (cell).

\$NS 5/8 CC 5/15

San éxel & Capit var stands

#### **AUTOS FOR SALE**

## 1969 PONTIAC FIREBIRD 400/330HP V8 CONVERTIBLE

Automatic transmission, Air Conditioning, \$14,000, call/text 941-417-1608, haneyssy2@gmail.com

#### **LOST & FOUND**

#### **FOUND DOG**

Small dog found on Captiva near Sotheby's Reality on May 6 - 3 p.m. Call Augustina at 239-312-4477.

## 2014 MITSUBISHI I-MIEV

## **4DR ELECTRIC CAR** wanted at Sanibel Church wanted to start



GO GREEN ELECTRIC CAR NEVER BUY GAS AGAIN NO OIL CHANGES EVER! 2014 MITSUBISHI I-MIEV 4DR ELECTRIC CAR. 8YR/100,000 MILE WARRANTY GREAT ISLAND CAR, 239-466-4423 WWW.AUTOBROKERSLLC.COM #NS 4/17 CC TFN

#### PIZZA DELIVERY

#### BEACH PIEZ PIZZA

Now delivering to CAPTIVA! We also deliver to a beach access or job site! Call 239-47BEACH (472-3224) or visit www.beachpiez.com. #NS 3/13 CC TEN

#### **FOR SALE**

#### **FOR SALE**

2750 Psi-Honda Power Washer, Electric Trolling Motor, 12'-alum ladder, Fortress Anchor and boating lines, Queen-bed, poolside furniture, vintage rattan chairs & table, decorative pots. Call 395-2767. #NS 5/15 CC 5/15

#### **BOATS - CANOES - KAYAKS**

#### DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800 ARS 1/4 NC TEN

#### MAINE COON KITTENS

Registered Maine coon kittens (CFA and TICA.) Vet checked, all shots parasite free. Big, sweet lovable. Long time registered breeder on Sanibel. \$950. 

## 1998 REGAL DESTINY 200 DECKBOAT 2008 VOLVO PENTA INBOAND **5.0GXI-I ENGINE**

Well maintained runs good \$7,500. 239-395-9159 or 630-532-4861 #NS 4/17 CC 5/1

#### **40 GALLON FISH TANK**



Includes wooden stand for storage hood light, pump, filter, heater and other accessories, good condition, 54" high x 30" wide x 12" deep. \$225. Call 239-851-3506.

#### **WANTED TO BUY**

#### **CASH PAID FOR MILITARY ITEMS**

Cash Paid For Old Military Items. Medals, Swords, Uniforms, helmets, old guns, awards & more. Local Toll Free 1-866-440-3280



## Pets Of The Week

ello, my name is Avis. I'm a 1-year-old neutered male tan and black Boxer/ German Shepherd mix. I'm young, handsome and full of energy. I love playing with other energetic dogs, running, wrestling and splashing around in the water. If you're young and active, I just might be the perfect match for you. I know my basic commands and am willing to learn new tricks. Maybe we could play Frisbee, agility or fly ball.

My adoption fee is \$40 for dogs 40 pounds and over (regularly \$75) during Animal Services' Spring Fever adoption promotion.

Hello, my name is Jinga. I'm a 2-year-old neutered male black and white domestic shorthair. I'm a little shy around other kitties, but I'm a very people friendly cat who craves attention. I would love to spend some time on your lap, but I also love to explore and play so I can

entertain myself while you're away. My adoption fee is \$50 (get \$20 off the fee when you donate item for kitten care during Animal Services' Spring Fever adoption promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets. com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆



Avis ID# 615138



Jinga ID# 615259

#### **PAWS Of Sanibel**

## Coco

come from Cincinnati. My first Dad was a fireman who died in the line of duty. It made me very sad when I lost him. He was very special. I was taken to the Cincinnati SPCA and put up for adoption. I was picked by a couple with a retired fireman in their family. They have a dog and a two-year-old child. A couple months later, my new family moved here from Cincinnati. I like it here, it never gets real cold. I love my new Mom and Dad, but the dog scares me and the child, now 3 years old, gives me a pretty hard time. I don't think he means to, he's just a baby. My Mom thinks I would be safer and happier in another home. I will miss her, but it would be nice not to hide under the bed all the time.

As you can see, I'm all black except for one white spot on my chest. I am 5 years old, I'm front declawed and have a microchip. I love to sit on laps when I'm not afraid of being chased or hurt. I like sinks, tubs and to sit in between the shower curtains when my Mom or Dad takes a shower. My Mom and Dad love me very much, and like all parents, they want the best for me. Their wish for me is to be unafraid in my environment, content and happy

I loved my first Dad, the fireman. Maybe there is another fireman or someone else out there to love me and make me feel safe. Contact PAWS volunteer, Krystle at 283-1124 if 



Coco



#### CALLING CARD 239-395-1213

	911
Sanibel Police	
Lee County Sheriff's Office	
On Call Captiva Deputy.	477-1000 472-5525
Fire Department - Captiva	
Florida Marine Patrol.	332-6966
Florida Highway Patrol	
Poison Control1-800-2	282-3171
Chamber of Commerce	
City of Sanibel	
Administrative Office	472-3700
Building Department	472-4555
Community Housing and Resources	472-1189
Planning Department	
Library - Sanibel	
Library - Captiva239-	533-4890
Post Office - Sanibel	
Post Office - Sanibel (toll free)800-	275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	
Naples Philharmonic	
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	36-7999
Sanibel-Captiva Art League	4/2-4258
SW Florida Symphony	41X_NUUK
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CLUBS & ORGANIZATIONS	
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To be listed in calling card email your information to: press@islandsunnews.com

# BEACH CHAIR PAST

answers on page 27B

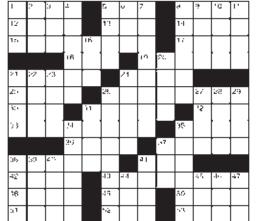
## **Super** Crossword

## TWO-CHANNEL



## King Crossword

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#### ELEMENTS MAGIC MAZE • DISCOVERED **SINCE 1900**

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Americium Dubnium Astatine **Fermium Beckelium** Erancium Curium Hafnium.

Hassium Lutetium Nobelium. Plutonium

Rhenium Unununium

# Ranked Sanibel's Shopping Destination by the Lee County Convention and Visitors Bureau

